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Myra's 3^d Journal

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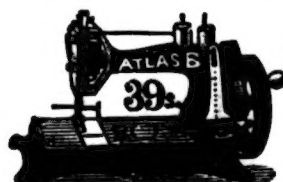
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FASHION NOTES FOR THE MONTH

HINTS ON SEASIDE OUTFITTING.

NOW that mohairs and alpacas are treated by a special process which prevents them cockling and being spotted with wet, they press serges and linens hard as favourite seaside materials. It is not too much to say that all dust cloaks and travelling wraps (required to protect the dress from dust and dirt, not for real warmth) are of alpaca or linen, or, for more luxurious wear, of white Shantung silk. These last are generally gathered into the waist, gauged on a belt of lining, and they have smart little shoulder capes decorated with incrustations of coarse lace.

Not only for wraps, but for bathing dresses is alpaca used. Indeed, the smartest French bathing dresses are almost entirely of Sicilienne alpaca, in white, black, and a variety of charming colours, trimmed with broderie Anglaise; Parisiennes wear very much smarter bathing dresses than are seen even at a seaside resort of good tone like Folkestone. (I refer to the habitués of the houses on the Leas, not of the lower part of the town, which is much more bourgeoisie.) That is because they lounge about in their bathing dresses for several hours, the dress discreetly veiled by a smart bathing wrap of striped towelling or art serge. Englishwomen will prefer to stick to serge or linen, especially the former, which is not so clammy when wet, and which does not hold the water so much, being therefore considerably lighter. Besides a bathing dress, if the beach has close, abrupt cliffs, which necessitates the bathing machines being some distance from the sea itself, a bathing wrap should be in every seaside outfit, also an oilskin cap for the hair, a coloured foulard or two to drape round it and conceal its ugly lines, and a pair of bathing sandals if sharp rocks or a shingly beach may be expected.

Girls are very fond of linen at the seaside, but those who intend to keep very near the sea, and its many pools, should choose good serge in place of linen for the knockabout morning skirt. It will not get so shabby, and will be less harmful if wetted. Wet linen is very unsightly, and cannot be dried to look respectable—it means a visit to the laundress each time a heavy splash of sea water is scattered on it by an advancing wave. This should be borne in mind by



mothers and elder sisters who intend to superintend the paddling of the children.

Petticoats should be discarded at the seaside while the knockabout dress is worn. The skirt should be lined, and serge (or alpaca for coolness) knickerbockers alone be worn beneath it, over the summer combination. As to the afternoon or pier dress, we have our smart muslins and taffetas, and our elegant petticoats, just as we would in town. We prefer a washing material, like muslin or mercerised cotton voiles or chequered cottons, because our silken array, if we are economical, can well be adapted for theatre or dinner use at home during the coming winter.

Of course, a large quantity of blouses must be taken. The obnoxious style of dark skirt and dainty blouse, utterly tabooed in town, is permissible at the seaside, except for gala dress, as at the casino, the local sports, or flower show, &c. So girls take fewer complete dresses, and a larger number of separate blouses than they would need in town. A serge skirt, two linen skirts, one of white Shantung silk (handsomely trimmed with lace), can suffice an economical girl, who can wear her cycling skirt if her knockabout skirt gets drenched and requires a day's drying and ironing. Girls and young women make the mistake of taking too many linen and washing frocks to the seaside. The washing dress is of little value as a

"knockabout," and for gala occasions the more dainty muslins are preferable.

Two hats suffice the average seaside visitor who is going into ordinary seaside lodgings. If she is going to a smart hotel, still more if she is going to pay a visit to country people, she will want a variety of good gowns and plenty of millinery. But when one talks of the "seaside" the elegant hotel or the smart country house is not thought of, because the smarter residents of a bathing resort, and the smarter visitors at the more expensive hotels never go near the beach at all—unless for bathing or sailing from a private landing place, and so they require no special seaside get up at all. They wear first-class yachting gowns—handsome coats and skirts of serge or linen, turned out by the best tailors—and they wear simplified evening dress at dinner aboard or on land; but their attire does not vary to any wonderful degree from what they would wear in town.

When visiting, constant change has to be made in gowns and hats to suit all occasions, and to avoid monotony, but the average seaside visitor can manage very well with a nicely but durably trimmed sailor or mushroom hat of straw, a linen motor or cycling cap, and a smart Tuscan hat decked with ribbons and flowers for best. The choice of this last must be careful if only one is to be taken. It is best to choose a white chip or Tuscan, and trim it with shaded flowers, toning off to a variety of delicate shades, which enables it to be worn with gowns of various hues. One of the most useful (also the prettiest) is a pale "hydrangea" combination, flowers and ribbon toning off to the palest mauve, hydrangea blue, and hydrangea pink. This goes extremely well with tweed "mixture" grey, with the putty colour of alpaca or coating, with navy or Royal blue serge, with green, blue, or white linen, with muslins of every combination of delicate tints.

Sunshades people do not as a rule buy expressly for the seaside outfit. They use those they had in town, keeping congruity, of course, in view. A painted satin and lace sunshade, for instance, would be a trifle absurd with a serge seaside gown.

It is wise for the sojourner at the seaside to have her knockabout skirt made short, and of the correct shape for cycling.

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IN A GLASS DARKLY.

BY E. BURROWES.

"AND to-morrow I go away," said Blundell abruptly.

The woman walking at his side over the frozen field path, shivered a little, and drew her sables more closely round her slender figure. It was a bitter winter's day, and the sun was fast sinking in a bank of lurid black and red cloud; the wind whistled mournfully among the firs, beyond which was dimly visible in the failing light the outlines of a big gabled house.

"So soon?" she said lightly, turning her charming face to him, "why, I thought you had taken up your abode here for ever."

"So I would, if I could," he said between his teeth; "but it is an impossibility. Believe me, I've counted up all the pros and cons a hundred times, and—"

"The cons have it?"

"Yes."

There was a momentary silence as they crossed the path and came to a standstill beside a rustic gate. There were pin-pricks of light now shining in the gabled house; they twinkled bravely through the fast-falling darkness of that December day, and made the thought of home and fireside very welcome. But it was a thought that only stirred poignant regret in Blundell, for a lonely, silent house, even with a warm hearthstone, is hardly one's ideal of home.

Perhaps the same thought came to Rachel Ward, for on the impulse of the moment she turned and said:

"I shall miss you—when you go away."

The man looked at her for a moment, though he knew her face by heart, for it haunted him in his dreams as well as in his waking hours, and he had revelled in the

madness till now. "And do you suppose that I shall not miss *you*?" he asked almost roughly, "when—" A robin broke into song in the beautiful holly hedge beside which they were standing; he sang

done better to go weeks ago, because now the end has come I suppose, though I won't believe it unless you tell me so. Has it?"

"What do you mean?" she said faintly, putting off, as far as she dared, the evil hour of departure.

"Don't you know? Then, as I leave to-morrow, I'll tell you. You can send me away when I've finished, but it's better to have it out first. You came unto my life before I ever saw you; oh, don't smile, it's Gospel truth. You remember our many talks on the doctrine of reincarnation? Well, when I met you a month or more ago, under that fir tree alley, why, I felt I had known you always; that we were but passing through an old experience together. We may have met, and even loved, perhaps, in the far away days when Rome was at the zenith of her insolent power; or was it in Greece that we wandered, you and I? Who knows? But met we certainly had somewhere. And I recollect you told me that the same eerie feeling had come to you?"

She bowed her head, and he went on, watching her expressive lips, her starry eyes, which seemed to rest on his so softly in the growing darkness.

"Can you, in face of all this, all the odd experiences which have come to us both, deny that Fate has thrown us together for a purpose? If you feel as I do, why nothing, no power on earth, can separate us, for I love you."

She was silent, her face had blanched. His words had driven the blood from her face to her heart in a sick throb, and still he went on, his voice a little hoarse and shaken.

"I tell you, Rachel, my dearest, it is our



AS IN A GLASS—DARKLY.

of unconquerable hope, and something leapt to warm life in the faces of both man and woman.

"I tried to go yesterday," he continued doggedly, "but I couldn't. I would have

"I find 'Myra's' a very useful journal, also very elegant"—S. B.

JULY 1, 1906

Myra's Journal.

destiny, and one cannot fight against that. I've tried, Heaven knows. I've thought of putting oceans between us, for who and what am I that you should care for me? But now it's impossible. From the very first moment, and ages before that, I loved you. There are only broken threads to pick up and weave afresh. Dear, tell me I have not spoken in vain, for nothing can, and nothing shall part us."

At that she found her voice, the warm colour came racing back to her face. He saw her eyes, alight with something which might have been remorse—or fear.

"You are wrong, utterly wrong," she said hurriedly; "there is something that must separate us—My husband."

Her voice had dropped, but he caught the almost whispered words.

"Your husband?" he echoed in bewilderment, "but, my dearest—"

She turned on him fiercely.

"They told you I was a widow? I—I let you think so, like the rest. But it is not true. My husband is alive."

"Alive! Then where is he?"

The robin was still carolling gaily behind them, singing over and over again his hopeful little lay.

"He is—in Princetown Prison—doing seven years—for forgery. I don't ask you to forgive me; but to think as kindly of me as you can. I—I—"

Her voice broke.

"Dear Heaven! And I never heard even a whisper of it. How you must have suffered! Well; Destiny seems to have muddled our affairs a bit, doesn't she? It shakes one's faith in her powers. But oh! my dearest, you will always be that; remember that now and always I am your faithful friend, and if ever the time should come when you need my help, either for yourself or those you love, I will come to you from the ends of the earth."

She bowed her head, for the anguish in his voice choked the words she would have uttered. She dared not look in his stricken face, and they parted there by the holly hedge—in silence.

Mrs. Ward started as a coal fell from the fire with a clatter. The clocks had struck eleven long ago, and still she lingered by the fire, unwilling either to go to bed or to read. The wind was blowing keenly outside, and there seemed a menace of coming snow in its icy breath; but within the Manor House all was warmth and comfort. It was some three years or more since she had come there—alone, after wandering about the world trying to forget the past, and gather courage to face her solitary future. She felt as if she had left her youth behind her, and life only looked like a long, weary road, without a turning, and without sunshine, which she was to tread—alone. It was the very irony of Fate that barely three years after the conviction of Philip Ward for forgery, a large fortune should have fallen to his wife, a fortune that enabled her to forget the very word poverty, and to begin again—a new life. But it had come too late to save the man who, first of all through stress of circumstances, and then from a readiness to fall in times of temptation, had ruined his career by one mad act. He was

expiating it now on distant Dartmoor, and there were yet nearly three years of his sentence to run.

Rachel Ward had never, all this time, dared to look too far into the future, but to-night she forced herself to consider what life would be to her when her husband came back. Three months ago she would have viewed the prospect with more pity for the man than fear for herself; but to-night it was otherwise, for something for which she had never bargained had come unsought and almost unseen into her starved life.

From the first a very real friendship had sprung up between her and her new neighbour, Montague Blundell. They had tastes in common, and sympathy was as wine to the heart of the lonely woman. She had hardly realised, herself, what it had all come to, till his burning words tore the mental veil away, and left her face to face with the truth. She loved him. She felt and recognised no shame in the fact; it was the inevitable that comes to every woman once in a lifetime, and Philip Ward, the man she had married in deference to her parents' wishes and commands, faded to a mere episode in her life—nothing more.

But now the end had come. He knew the truth, he would go away like the honest man he was, and she would see him no more. So had unkind Fate tangled up the web of their lives.

She rose at last from her seat by the dying fire, switched off the electric light, and mechanically shook up the disordered cushions on her chair. Then she picked up her book and went out into the great silent hall. The servants had long since gone to bed, and only a solitary light was burning. She put out her hand to touch the button, when a muffled sound, seemingly in the dining-room, the door of which stood ajar, caught her ear. She stood still and listened intently. There it was again—a creak, and then something or someone moving stealthily as over a thick carpet.

She was by no means devoid of courage, and it was the work of a moment to swiftly open the dining-room door a little wider and look in.

A faint light burned from a candle, and by its light she saw a dark figure bending over the silver on the sideboard. She uttered an exclamation, and then shrank back with horror tugging at her heart-strings. For the man had started upright, and reflected in the mirror, she saw his face.

Despite the shaven head, which told its own tale, and the alteration born of hardship, degradation, and years, she recognised the face.

It was the face of Philip Ward, her husband.

He wheeled round with an oath.

"What are you doing here?" she asked, finding her voice, and conscious as their eyes met that there was no recognition in those fierce, bloodshot orbs that rested on her for a moment, and then sank before her steady gaze. Indeed, it was possible that the man only saw her as a dark figure in the doorway where the shadows were dim, and the light only fell on himself, and it was just in the glass darkly that Rachel Ward saw him.

"You keep quiet, and I'll not harm you,"

Clumsy Figures Made Graceful

If every stout person living at the present moment were to undergo a course of the famous Antipon treatment, we should soon look upon the fat man or woman as something in the nature of a "freak." The simple and harmless Antipon treatment has proved its claim to be one of the great medical discoveries of the age. Thousands of cases of pronounced obesity have yielded to this rational process of permanent weight-reduction when every other conceivable method has been tried. This is because Antipon, whilst eliminating all the superfluous fatty matter, destroys at the same time the tendency to excessive fat development. The cure is therefore lasting. The great properties of Antipon are well known. It cleans up the digestive system and increases appetite. Thus wholesome nourishment is called for to enrich the blood and renew the muscular system. The weight-reduction is rapid. Within 24 hours of the first dose there is a loss of 8 or 10 lb., according to the case; and then a steady daily reduction goes on until normal weight and a graceful figure are restored. The doses then cease. Antipon is pleasant to take. It is a liquid containing only herbal ingredients of harmless nature, and never causes irritation or discomfort of any kind. No irksome diet restrictions are made obligatory. The Antipon treatment can be followed in the strictest privacy.

The SKETCH says:—"This pleasant and most efficacious remedy may be warmly recommended to stout persons of both sexes, as much for health's sake as for the attainment of perfect elegance of figure."

The SOUTH LONDON PRESS says:—"Without the slightest hesitancy we say to our stout friends and readers, try Antipon, the most remarkable remedy of its kind ever discovered."



ANTIPON has supplied a want which was felt for centuries. The old-time remedies for obesity simply starved the patients to a slender figure. **ANTIPON**, on the contrary, requires the aid of good food to strengthen the body whilst rapidly ridding it of superfluous fat.

It tones up the system, promotes appetite, and perfects the digestive process. That is the secret of its enormous success. Within a day and a night of first dose there is a decrease of 8oz. to 1lb., and the reduction of weight goes on daily until complete and permanent cure, when the doses may cease, because the tendency to fat formation is eradicated. It is an ideal treatment.

ANTIPON is sold in bottles, price 2/6 and 5/6, by Chemists, Stores, etc.; or, in case of difficulty may be had (on sending remittance), post free, privately packed, direct from the Antipon Company, 13, Buckingham-street, Strand, London, W.C.

he muttered savagely; "but I warn you, I'm desperate. Starvation makes a man ready to do anything."

She winced. In her sheltered, luxurious life she had almost forgotten the word starvation, at any rate, as applied to herself or hers. And this man with hunted, furtive eyes and hollow cheeks was her husband. A great pity stirred in her frozen heart.

"I—I can give you food," she said, "if—if you'll wait a moment."

He threw back his head with a hoarse laugh.

"If I'll wait!" he echoed; but she heard no more. She fled like a hunted thing to the distant kitchens. In a larder she came upon a big loaf only just cut, and a piece of cold beef. To seize them, together with a knife and fork, was the work of a few moments, and she set them down on the table where the man was leaning, in breathless haste.

"Eat," she said, "while I get you something to drink."

He glanced up at her as he seized the knife, and hacked at the loaf. Perhaps it was something familiar in her voice that startled him, for a moment later the knife fell from his fingers with a clatter. He staggered to his feet.

"Rachel!" he muttered.

She threw out her hands appealingly.

"Eat! for Heaven's sake don't talk yet," she said faintly, "someone may hear you, and presently you shall tell me all."

She watched him, half fascinated, as he appeased his raging hunger, her mind too stunned to wonder at the fate that had prompted him to break into her house. He could not know of her altered circumstances, of course. She wondered in a dull manner how he had managed to escape, and how long he would be able to evade the search parties. She heard in imagination the boom of the gun over the lonely moor, announcing to all who could hear the escape of a prisoner from that gloomy fortress. And all the time Philip Ward was eating savagely, glancing now and again with furtive wonder at his wife. That she should be here, dressed in softest silk and lace, with gleaming jewels on her white fingers, a beautiful being belonging to another world, so she seemed to him.

The thought seemed to choke him. He

pushed away his plate, and buried his face on his arm with a groan. A revulsion of feeling swept over the woman, as with tender pity she laid her hand on his shoulder.

"Don't, Philip," she whispered; "can't you tell me how you came here, and what I can do for you?"

She listened, as haltingly the tale came out. How he had managed, with the aid of another prisoner, to escape; how he had wandered day and night, hiding fearfully from pursuit, starving, hunted, homeless, till chance brought him to her very door.

dawn. Come with me; or no, wait here for me."

Ten minutes later a little of the convict was wiped out of Philip Ward, and the gentleman stood revealed in a suit of shooting clothes and a tweed cap well pulled down over his head. Twenty pounds in gold jingled musically in his pocket, a certain truculence of manner became visible in the man, born of a sense of coming freedom. He looked at his wife, and then round the room, appraisingly.

"You do, yourself, pretty well," he said.

"Well, I suppose you deserve it. I was never much good to you, but some day will you let bygones be bygones and begin again if I have any luck?"

"If you have any luck," she murmured mechanically; "but you ought to go now. Any of the servants may hear you and—"

"It wouldn't look well, eh?" he sneered.

"You're right. I'd better be making myself scarce, but it seems hard to leave all this. Look here, Rachel!"

"Well?" her eyes were fixed on him like those of some hunted, frightened animal caught in a trap.

"Come with me."

She tried to speak, but her throat and lips were dry, and no sound would come. He went on eagerly, hotly, never noticing how the woman winced at his words.

"It would be easy enough for you. Hide me here for a day or two. Oh! it would be safe. No one would ever suspect you or your house; then we could go away together, or you could follow me if you liked that better. Only come Rachel; I'd turn over a new leaf if you were with me, and the world is big enough to hide us for a year or two. I swear I'd be good to you. Rachel! Will you come?"

"No, no! It would be impossible."

"Why impossible? You stood by me when the trouble came. It's not that you are afraid? Then something has come between us?"

"Had you not better go before you are caught?" she said quietly.

He turned on his heel with an oath, then swung back as he laid his hand on the half-open window through which he had entered an hour ago.

(Continued on page 34)



No. 6155

FOUR PRETTY BLOUSES.

For Descriptions see Pages 30 to 34.

Price of Paper Pattern, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

How a badly-fastened window yielded easily to slight pressure, and how the pangs of hunger had driven him to attempted burglary. If he had money he could get to the sea, and then to freedom, he said, and a wave of hope swept over her at the words.

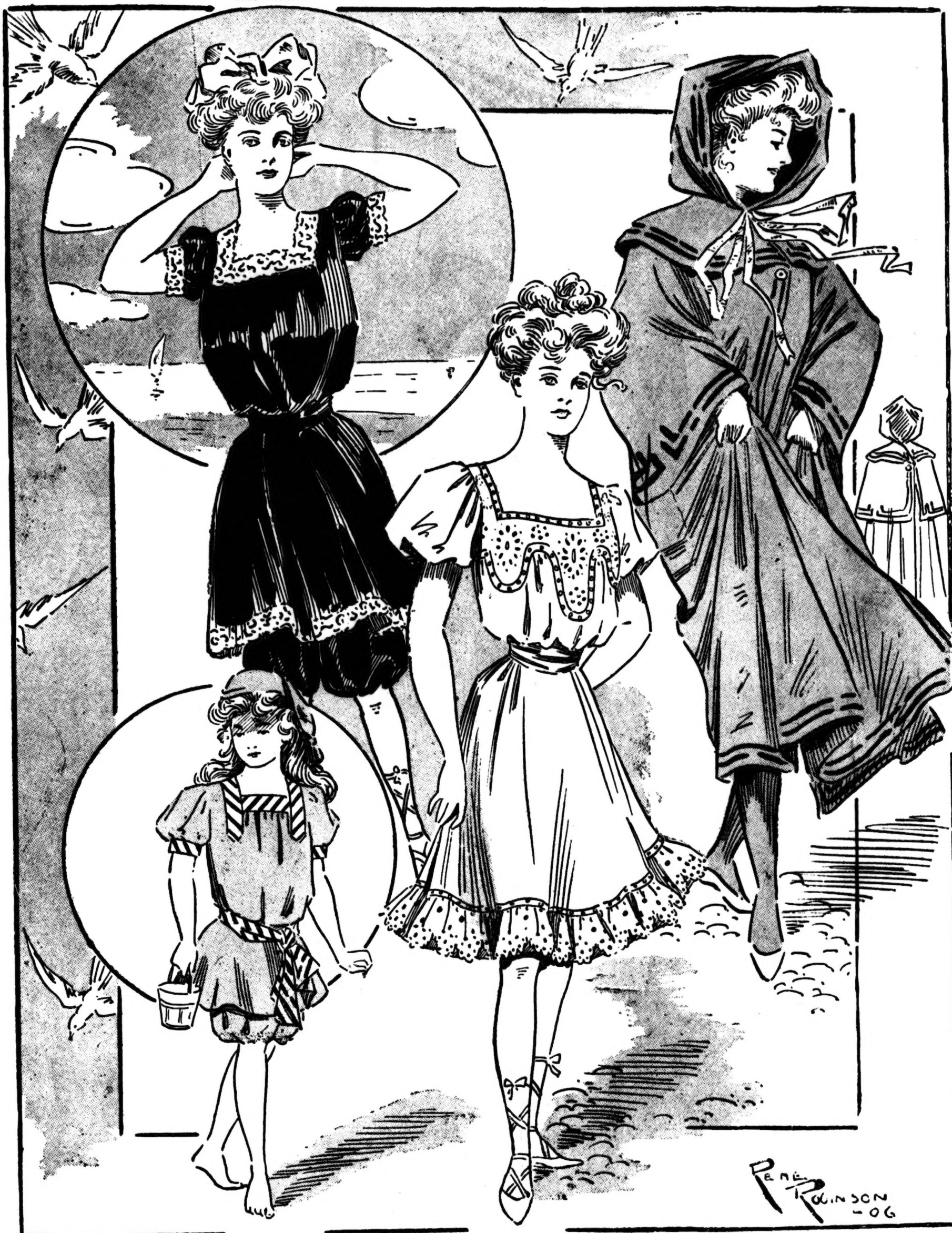
"I'll give you all I have in the house," she said quickly; "and there are some old clothes if they will help you at all. You know I've become a rich woman since—since—oh! don't wait. We mustn't waste valuable time. You must get on before the

"The evening skirt is working out very nicely."—M. R. E.

No. 6156

No. 6157

No. 6158



No. 6159

FRENCH BATHING DRESSES AND BATHING WRAP.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns Child's Dress, 6¹/₂d.; the others, each, 1s. 0¹/₂d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

P. H. ROBINSON
-06

No. 6160

No. 6161

No. 6162



TRAVELLING OR MOTOR COATS AND SMART TRAVELLING GOWN.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Long Coats, and Pleated Skirt, each 1s. 0^d.; Short Coat, Skirts, Foundation Skirts, each 6^d., post free of MADAME MYRA, Fetter Lane, E.C.

No. 6163

No. 6164

No. 6165



LINEN AND MUSLIN FROCKS FOR THE SEASIDE OUTFIT.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Gathered Corselet Skirt, 1s. 6½d.; Pleated Skirt, 1s. 0½d.; Skirt. Foundation Skirts, or Bodices, each 6½d., post free of MADAME MYRA,
3 and 11, Fetter Lane, E.C.

No. 6166

No. 6167

No. 6168



No. 6169

No. 6170

No. 6171

No. 6172

No. 6173

SMART OUTFITTING FOR COUNTRY VISITS.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Dressing Gown, 1s. 0^d.; the other models, each 6^d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

The Holborn Silk Market,

HOLBORN BARS, E.C.

SPECIAL SHOW OF SUMMER MATERIALS.

PATTERNS SUBMITTED POST FREE.

We are now showing a splendid collection of New Summer Dress Materials for the coming season in Crepelines, Eolienues, Voiles, Alpaca, White and Cream Serges and Cloths, Nun's Veilings, Delaines, Duchess Sedans, Chiffon Coatings, Plain Venetian Cloths, Silk Fancies, Silk Voiles, and Tweeds of every description for Summer Wear.

DELAINES! DELAINES!! DELAINES!!! All wool, latest designs, for Blouses, Dresses, and Children's Frocks, endless variety; 31-inch wide, 1/01, 1/21, 1/31, 1/41, 1/51, 1/71, and 1/101 per yard.

ALL WOOL CREPELINES in all New Shades, double width; sale prices, 1/21, 1/31, and 1/111 per yard.

EOLIENUES FOR ROBES AND SUMMER GOWNS, in a very large range of shades, double width; sale prices, 1/71, 1/111, and 2/111 per yard.

SILK VOILES in all New Shades for Summer wear, double width; sale price, 3/61 per yard.

SILK AND WOOL CREPELINES in all the latest colourings for the coming season, with small design, double width; sale price, 1/111 per yard.

ALL WOOL FRENCH CREPONS in all New Shades for smart summer gowns, double width; sale price, 1/91 per yard.

ALL WOOL BLACK, WHITE, AND CREAM NUN'S VEILING, double width; sale prices, 61d., 91d., 1/01, 1/21, 1/41, 1/61, 1/71, and 1/111 per yard.

ALL WOOL HABIT AND VENETIAN CLOTHS, double width, in all the newest shades; sale prices, 1/71, 1/111, and 2/31 per yard.

ALL WOOL CASHMERES, in a large range of colourings, double width; prices, 1/71 and 2/31 per yard.

LIGHT GREY SHEPHERD CHECKED TWEEDS in three shades of Grey, double width; sale price 1/01 per yard. Special value.

SATIN CLOTHS in all New Shades, for present wear, double width; sale price, 1/31 per yard.

SHADOWED CHECKED CANTON CLOTHS, in all New Summer Shades, double width; sale price, 1/111 per yard.

FANCY TWEEDS in New Shades for summer dresses, soap shrunk, double width; sale price, 1/111 per yard.

STRIPED GREY SUITINGS, ALSO SELF STRIPES, for Tennis, Golfing, and Hockey Dresses, double width; sale price, 1/111 per yard.

BLACK SHADOWED CHECKED MOHAIR LUSTRES for summer wear in various designs, quite new, double width; sale price, 1/111 per yard.

BLACK VOILES AND CREPELINES, with woven Silk Spots and Sprigs in many designs, quite new for summer wear, double; sale prices, 2/61, 2/111, 3/61, 3/111, and 4/61 per yard.

BLACK VOILE, all Wool, double width; sole prices, 1/41, 1/71, 1/111, 2/61, 2/111, and 3/61 per yard.

BLACK CREPELINE, all Wool, double width; sale prices, 1/61, 1/111, 2/61, 2/111, and 3/61 per yard.

BLACK CREPELINE, made of Silk and Wool, double width; sale prices, 1/111, 2/61, 2/111, and 3/61 per yard.

SPECIAL SHOW OF MUSLINS AND VOILES.

A GREAT VARIETY OF MUSLIN COTTON DELAINES in all the newest Shades and Designs, 27-28-inch; 31d., 41d., 51d., and 61d. per yard.

A LARGE STOCK OF FANCY PRINTED VOILES, Lawns, and Organdis Muslins, 27-30-inch, in White and Tint Grounds, and all the newest designs; 61d., 81d., 91d., 101d., 1/21, 1/41, and 1/61 per yard.

VERY SMART DESIGNS IN MERCERISED LAWNS, Embroidered and Openwork, in White and Coloured Grounds, 27-30-inch; 1/111 per yard.

WHITE AND BISCUIT EMBROIDERED SWISS MUSLIN, in Spot and Figured Designs, 25-30 inch; 31d., 41d., 51d., 61d., 81d., 91d., 101d., 1/01, 1/21, 1/41, and 1/61 per yard.

BLACK AND WHITE, WHITE AND BLACK EMBROIDERED Spot Muslin, 25-27-inch; 61d., 81d., 101d., 1/01, 1/21, 1/41, and 1/61 per yard.

NEW CHECK ZEPHYRS, 25-27 inch, 41d. and 51d., per yard.

NEW STRIPED ZEPHYRS, 25-27 inch, 51d. per yard.

PLAIN ZEPHYRS in all Colours, 30-31-inch, 61d., per yard.

NEW RANGES OF PRINTED SATINS in Spot and Figured designs, in Navy and White and Black and White 27-28-inch; 61d., 71d., 81d., and 101d. per yard. Black with Coloured designs, 91d. per yard.

PLAIN COLOURED DRESS LINENS, in every shade, 36-inch, 1/01 per yard.

PLAIN DRESS CRUSHES, 36-inch, 31d., 41d., 61d., 91d., 1/01 per yard.

PLAIN COLOURED DRILLS in every Shade, 27-inch, 51d. per yard.

FLAKED DRESS CANVAS, 27-inch, 61d.; 40-inch, 101d. per yard.

MERCERISED COTTON MATTING in all Colours, very smart, 27-inch, 1/111 per yard.

OXFORD SHIRTING AND NURSES' UNIFORM MATERIAL.

OXFORD SHIRTING in plain Colours for Nurses' wear, 25-27-inch; 61d. and 71d. per yard.

STRIPED ZEPHYRS AND GALATEAS for Nurses' Uniforms, 61d. per yard.

PLAIN ZEPHYRS AND GINGHAMS for Nurses' Uniforms, 61d. per yard.

NAVY AND WHITE STRIPED DRILLS, 25-27-inch; 51d. and 71d. per yard.

OXFORD SHIRTINGS in all the newest designs; 41d., 51d., and 61d. per yard.

NEW RANGES IN SERVANTS' PRINTS, 30-31-inch; 41d., 51d., and 61d. per yard.

SPECIAL SHOW OF BLOUSE LENGTHS.

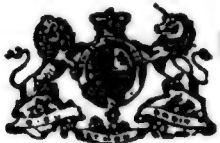
WHITE IRISH HAND EMBROIDERED BLOUSE Lengths, 10/6 and 11/6; usual price 18/11.

EMBROIDERED BLOUSE LENGTHS IN WHITE AND Coloured Lawns, 2/111 and 3-111.

PATTERNS POST FREE.

SAMUEL LEWIS & CO., 5, 6, 7, 8, 9, 10, and 11, HOLBORN BARS, E.C.

ROBINSON & CLEAVER, Ltd.



BELFAST,

Regent St. & Cheapside, London; and Liverpool.

Manufacturers to His Majesty the King and H.R.H. the Princess of Wales.
Carriage paid on orders of 20s. upwards in the United Kingdom.

Irish Cambric Pocket Handkerchiefs.

Bordered.	Per doz.
Children's	1s. 3d.
Ladies'	2s. 6d.
Gentlemen's	3s. 6d.
Hemstitched.	
Ladies'	2s. 9d.
Gentlemen's	3s. 11d.

Irish Collars, Cuffs & Shirts.

measure 2s. extra). **OLD SHIRTS** made good as new, with good materials in neckbands, cuffs and fronts, from 14s. the half doz.

COLLARS.—Gentlemen's 4-fold, from 4s. 11d. per doz.

CUFFS.—For Ladies, 5s. 11d.; Gentlemen's from 6s. 11d. per doz.

SHIRTS.—Fine quality Longcloth, with 4-fold pure Linen Fronts, 35s. 6d. per half-doz. (to

Irish Damask Table & House Linen.

Fish Napkins, 2s. 11d. per doz. Dinner Napkins, 5s. 6d. per doz. Table Cloths, 2 yds. sq., 2s. 11d.; 2½ yds. by 3 yds., 5s. 11d. each. Kitchen Table Cloths, 11½d. each. Strong Huckaback Towels, 4s. 11d. per doz. Frilled Linen Pillow Cases, from 1s. 4½d. each. Surplice Linen, 10½d. per yd. Monograms, Initials, &c., woven and embroidered.

Irish Dress Tweeds.

Cream and all the fashionable tints in these most Stylish and Durable Materials.

Irish Dress Linens.

The largest assortment of these Genuine Goods in the kingdom.

SAMPLES AND PRICE LISTS POST FREE.

N.B.—To prevent delay, all Letter-orders and inquiries for Samples of these goods should be sent direct to Belfast.

Flannelette.

If purchasers of this useful material for underwear all the year round would buy the best English make, which can be obtained from all leading Drapers, they would avoid the risks they undoubtedly run with the inferior qualities of Flannelette.

Horrockses'

Flannelettes

(made by the manufacturers of the celebrated Longcloths, Twills and Sheetings)

are the best.

"HORROCKSES" stamped on selvedge every 5 yards.

No. 6174

No. 6175

No. 6176



No. 6177

No. 6178

WASHING SHIRT BLOUSES FOR THE SEASIDE.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, each 6½d. post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

No. 6179

No. 6180

No. 6181



SMART SEASIDE GOWNS OF MOHAIR AND LINEN.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Skirts, Bodice, Coats, each 6d., post free, of MADAME MYRA 10 and 11, Fetter Lane, E.C.

No. 6182

No. 6183

No. 6184



No. 6185

No. 6186

FASHIONABLE MILLINERY FOR THE SEASIDE.

For Descriptions see Page 1st

No. 6187

No. 6188

No. 6189



No. 6190

No. 6191

No. 6192

PRETTY SEASIDE COSTUMES FOR CHILDREN.

For Description see Pages 30 to 34.

Price of Paper Patterns, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

SEASIDE MILLINERY.

(For Illustration see page 16.)

For rough wear, for cycling or motoring, hats of the well-known "motor" shape are worn, carried out in stiffened linen or a sort of linen canvas. These are dust resisting. To make them becoming, the brim is bound with coloured velvet. A strap of velvet encircles the crown, laid very often, as a sort of appliqué, on the under part of the crown as it puffs over the brim, and a smart little quill is inserted on the left. This is the best hat for motoring or a sea voyage, as it is the very best shape for the motor veil, which is tied over the hat and under the chin.

For pier and beach wear straw hats are preferred. For yachting the well-known yachting cap holds its own; but the top is more voluminous, and helps it to resemble a motor hat with large peak (instead of a brim more or less even in width all round).

No. 6182 is a charming seaside hat of white chip, simply trimmed with roses and a group of foliage (replacing a plume), something resembling the graceful asparagus fern. This foliage is a sort of modest excuse for the wild-looking plume which is not entirely absent from our seaside millinery. In a moderate form this plume is seen at No. 6185, on a pretty hat of Tuscan straw, trimmed with leaf-green ribbon bows.

No. 6183 shows a seaside hat much to the fore at smart French resorts. It is of a fancy straw, and has no trimming at all but the slight drapery of blue ribbon and the charming white spotted net veil edged with an appliqué of lace. This veil is supposed to be a sort of "mantilla," instituted in compliment to the Anglo-Spanish Royal marriage, and it is claimed for it that it acts as an excellent screen from dust and sun. The veil is large (it is often entirely of white lace), and is draped with some art.

A smart little hat is sketched at No. 6184, of the palest blue straw, trimmed with shaded blue roses, green leaves, and leaf-green satin bows. The colours are beautifully chosen to blend well.

No. 6186 is of fancy mauve straw, decorated

with heliotrope ribbon spotted with a yet darker shade. This hat looks very well in a "hydrangea" combination of pink, pale blue, and pale mauve.

Panama straw hats are to figure largely at the seaside; but the brim will be turned



No. 6198.—SEASIDE GOWN OF SERGE OR LINEN.

For Description see Pages 30 to 34.

Price of Paper Pattern, Skirt, or Bodice, each 6½d., post free of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

well down over the face and ears, and the back part will be pinxed down close on the hair (worn low for preference). This is an admirable sun hat, and, as it is easy to keep on the head, is to be recommended for cycling, motoring, or yachting.

EMPLOYMENTS FOR LADIES.

FREE REGISTER.

Will correspondents kindly note that notices for re-insertion must either be cut out of this list, or copied on one side of a separate sheet of paper. In every case the Register number must be put at the top left-hand corner.

No. 408.—Ladies' and children's underlinen made, hand or machine. Fine work. Trouseaux and layettes undertaken. Recommended.

No. 392.—High class dress-making. Coats and skirts from 14s. 6d. Costumes. Ladies' materials taken. Millinery made and taught. Renovations. West End experience.

No. 386.—Experienced needlewoman. Plain needlework, layettes, all kinds of lingerie. Babies' clothes, bonnets. Boys' suits. Bathing dresses.

No. 430.—Dressmaker, experienced. Good fitter, cutter, renovator. At home or ladies' houses.

No. 431.—Experienced dressmaker, good cutter and fitter, wants post or would go as working partner in small, high class, business.

No. 432.—Fine laundry work undertaken by hand, lace trimmed articles, &c. Orders earnestly requested. Best work only.

(For Answers to Correspondents see Pages 37 and 42.)

FALLING HAIR.

There is no denying that the atmospheric conditions this year have been trying, and have led to a great deal of illness and debility. As a natural consequence the complaint of serious falling of the hair is more rife than usual. Falling hair is disastrous to men and women; to the woman because her lost long hair will take a long time to grow again to its first beauty; to the man because fall of hair in his case often means total baldness—hair seems much less inclined to grow again on a masculine head. Sufferers should apply to Dr. O. E. Horn, the noted hair specialist, from the Berlin Skin Hospital, of Parkwood Road, Bournemouth. He sends to the enquirer a leaflet with a few necessary queries, to let him understand the case, and he then prescribes the correct remedy, the prescription being made up by the patient's own chemist. Dr. Horn has to his credit some

very remarkable cures, even in cases where the shiny condition of the bare scalp seemed to indicate a complete destruction of the hair bulbs. Those who live near enough should call on Dr. Horn. A stamped addressed envelope should be enclosed for the reply when writing for the first time.

"I have just commenced taking your journal, and am very pleased with it."—N. B.

No. 6194

No. 6195

No. 6196



CHARMING
HOT - WEATHER
GOWNS
FOR THE
SEASIDE OUTFIT.

For Description See Pages 30 to
34.

Price of Paper Patterns, Skirts,
Foundation Skirts or Blouses,
each 6d., post free, of MADAME
MYRA, 10 and 11, Fetter Lane,
E.C.

Descriptions of the Free Patterns.

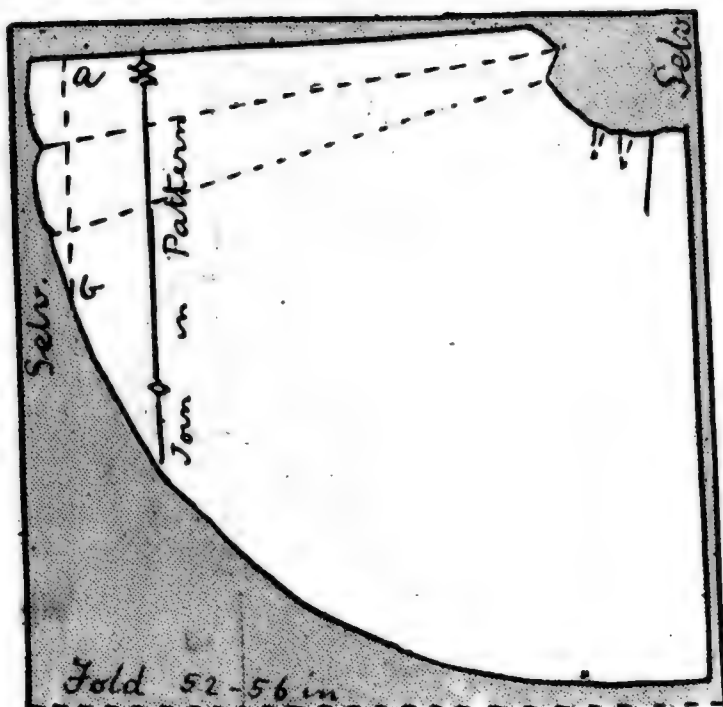


DIAGRAM OF FREE SKIRT PATTERN.

UMBRELLA CYCLING OR WALKING SKIRT.

THE pattern is in one piece: half the skirt. The deep inverted back box-pleat is wheelmarked on pattern. For this skirt a good Pirle-finished serge or tweed should be used, as it will be subjected to hard wear at the sea-side. The diagram shows the pattern laid on $3\frac{1}{2}$ yards of 52-56-inch tweed, which is opened out and is double, so that the piece is cut in duplicate. Do not fold cloth which has a distinct "up-and-down." Cut it and lay the breadths face to face, so that the material is not reversed. A slit is cut on right and left of central front seam, to hold pocket and supply the opening (the central front opening is ugly, and the back opening is dangerous for cyclists). This slit is wheelmarked only on pattern, to permit a slight shifting, for different figures. Mitred straps cover the slits.

The paper not being large enough for complete pattern, an added piece (joined according to notches) must be pinned on the material as shown in diagram. Tack front and back seams (opening in left side slit); try on. Stitch and press the seams, stitching the front seam open for firmness and ornament. Line the skirt with sateen, seamed apart. Turn up the hem over a band of lino, and stitch down closely. Arrange the back pleat, and bind the skirt top with a ribbon after stitching on the straps and finishing the opening with felled bands of sarsenet. Close with glove-stud skirt tapes, and fasten the top with hooks and eyes. The pocket is inserted in the right hand slit, hidden by the strap.

This is an admirable skirt—light, protective, elegant. For a mere walking skirt the opening could be in the back pleat; but the back opening is quite impossible for cycling, as the peak of the saddle might catch in mounting or dismounting and throw the cyclist.

On the whole this skirt looks best with a false hem—at any rate part of it, where the

curve is very pronounced. In the narrower double materials a false hem at the back is imperative. Should 48-inch material be used besides a false hem a piece will have to be added on at *ab*, this seam being hidden in the close stitching of the hems. The false hem, like the straps, is cut from the waste.

For average figures the side slit runs (as wheelmarked) from 3in (at top) to 5in (lowest point) from the

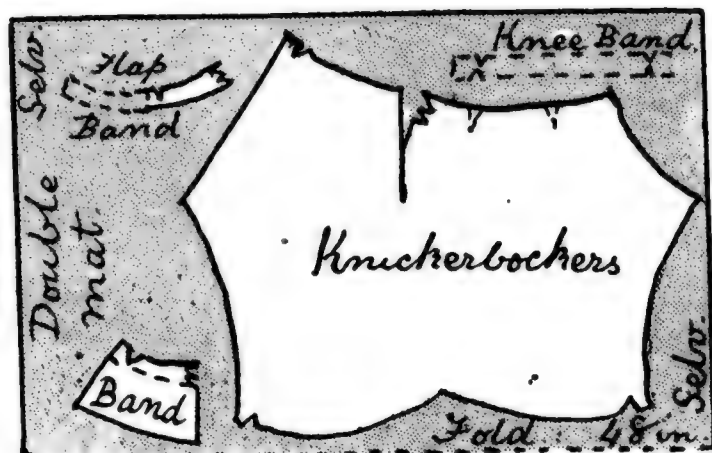


DIAGRAM OF KNICKERBOCKERS PATTERN.

front centre line. Very slight figures should draw the slit $\frac{1}{2}$ in nearer to the front centre. Leave the front seam open to try on, and then cut the slits in proper place.

In turning up the lower edge, lift the material upwards a trifle inside the pleat;



UMBRELLA CYCLING SKIRT.

For description see this page.

THE CUT-OUT PAPER PATTERN OF THIS SKIRT IS GIVEN FREE WITH THIS NUMBER.



NEW SHAPE CYCLING KNICKER-BOOKERS.

For Description see Page 21.

THE CUT-OUT PAPER PATTERN OF THESE KNICKER-BOOKERS IS GIVEN FREE WITH THIS NUMBER.

disfiguring little downward peaks are noticeable if the pleated part describes a smooth curve.

A TUCKED SEASIDE BLOUSE.

For pretty spotted and other mousselines de laine for this blouse, send to Messrs. Lutas Leathley, Summer Department, 40, Armley, Leeds. The pattern is in five pieces—half the tucked and pleated back, the right tucked and pleated front (cut with central box-pleat), one sleeve, half the collar-band, one cuff. Pleats and tucks are wheelmarked on back and front patterns. The diagram shows the pattern pieces laid on 4 yards of 29-inch material which is opened out and is doubled, so that cuff, front, sleeve are cut in duplicate. The single material is folded (selvedges meeting), the back centre of back pattern laid on the fold. A space is marked out for the lacking half of the collar band, which closes in front with a stud to hold the linen collar. Left front is cut without box-pleat.

Arrange and feather-stitch the tucks, using silk matching the spot. Arrange and feather-

"I have used 'Myra' for nearly nine years and find it the best of all dressmaking journals."—M. M.

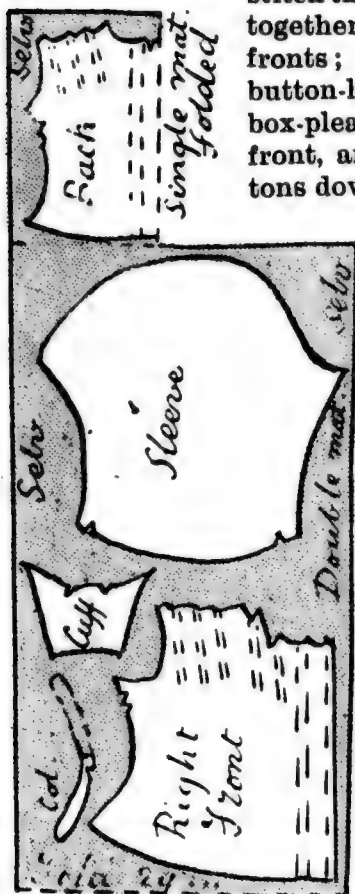


DIAGRAM OF FREE BLOUSE PATTERN.

stitch the box-pleats. Tack together the back and fronts; try on. Make button-holes down the box-pleat, hem the left front, and sew the buttons down the hem. Seam

the side seams run - and - fell). Hem the lower edge. Seam on the lined band collar according to the notch. It can be lined with its duplicate. The sleeve is seamed inside with a fell seam. Gather sleeve into the arm-hole and bind the seam for neatness. The lower edge is gathered into the feather-stitched cuff, which closes with hooks and eyes at wrist only.

A broad belt looks well with this blouse, of soft red or blue leather (matching the spot and embroidery silk). The silk stock should match it in colour.

It is a capital shirt to wear with the cycling skirt already described, and will be found invaluable for sea-side wear.

CYCLING KNICKERBOCKERS,

These should be in every sea-side outfit. They are of a new shape, cut very low in front. The pattern is in two pieces: half the knickerbockers, half the back band (on to which the gathered back flap is buttoned). The rather full legs can be gathered on an elastic runner (as illustrated), or be gathered into a doubled 16-inch band which buttons above or below the knee. This band is marked out on the diagram for those ladies who prefer the buttoned band to the elastic runner. The front part of the knickers is shaped by two darts on each side (four in all), which are wheelmarked on the pattern. The diagram shows the two pattern pieces laid on 2 yards 48-inch serge, which is opened out and is double, so that knickers and back band are cut in duplicate. The flap band (into which the back flap is gathered) is cut on the top of the back band pattern (1½ in. deep). This flap band (all in one piece) is marked off on the diagram, and dotted lines on back band show the shape of the narrow flap band.

Tack together the two halves of the knickerbockers. Tack to the two-notch edges of the slits, the two halves of the back band (these halves button at the back, beneath the flap). Tack the four darts and try on. Stitch and press the seams. Stitch and press the darts, cutting them away to leave only small turnings. Line the top with linenette (cut to shape on the knickers, when all seams are stitched and

pressed) including the back bands. Stitch down neatly. Finish the side slits by stitching down the turned edges covered with Prussian binding, or a bias band of the linenette. Gather the flap top into the lined flap band. Finally, hem the knees and thread with an elastic runner.

If the knee band is preferred, cut small slits for openings *outside* the leg (do not utilise the inner seam). Hem these little slits, and gather into the doubled band, which should be stitched down and closed with a flat bone button and buttonhole. Put on two buttons so that the band can be buttoned above or below the knee at choice.

The shape of these knickerbockers is very good, as they are comfortable and becoming, and they do not increase the figure in front and at the side, being cut low enough in front to pass beneath the hook on the corset



TUCKED SEASIDE BLOUSE.

For Description see this page.

THE CUT-OUT PAPER PATTERN OF THIS BLOUSE IS GIVEN FREE WITH THIS NUMBER.



GIRL'S SUN HAT.

For Description see this Page.

THE CUT-OUT PAPER PATTERN OF THIS HAT IS GIVEN FREE WITH THIS NUMBER.

busk. At the back they rise to the waist, and counteract any flatness there.

GIRL'S SUN HAT.

The pattern is in three pieces: the full crown, the crown lining (to support the gauging of the crown), the small brim (this supports the frills of broderie Anglaise). The diagram shows the crown and its lining laid on ¾ yard 29-inch muslin. The brim should be cut in buckram or some corded material which will take the starch well, as this part of the hat must be firm; partially to support the flounces of embroidered muslin. The two flounces take 3 yards of 4-5-inch broderie Anglaise.

Seam the crown lining, and on it gather the full crown. This lining might be stiffened

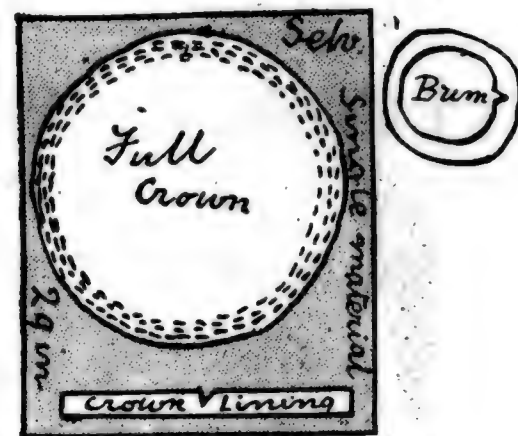


DIAGRAM OF SUN HAT PATTERN.

at top] and lower edge by a line of fine featherbone in cotton casing. The brim also could be stiffened with featherbone. Seam the crown to the brim (single notch coinciding), placing the rough edges outside, these being covered by the gathered edge of the upper flounce. The lower flounce is secured nearer the edge of the brim. The trimming is a smart bow of pink satin ribbon, which is removed, of course, when the hat is "laundried."

PAPER PATTERNS.

MADAME MYRA, 10 and 11, Fetter Lane, E.C., will cut to measure the pattern of any dress or mantle illustration sent to her for 1s. 6½d. (plain skirt or bodice, or short coat). Pleated or tucked styles cost according to complication; of a princess or Empire gown the pattern would cost from 2s. 6½d. post free.

No. 6197

No. 6198

No. 6199

No. 6200



PRETTY FROCKS FOR DRESSY OCCASIONS AT THE
For Descriptions

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AT THE SEASIDE, FOR COUNTRY FLOWER SHOWS, &c.
Descriptions see Pages 30 to 34.
Dresses, Blouses or Coats, each 6¹/₂d., post free, of MADAME MYRA, 10 and 11 Fetter Lane, E.C.

PERSONAL APPEARANCE.

HOW TO MAKE IT MORE ATTRACTIVE.

By MISTRESS ANNE PAGE.

CHAPTER V.

MASSAGE OF THE FIGURE FOR HEALTH AND BEAUTY.

(Continued from our June issue.)

LAST month we spoke of the use of the massage-roller in the hygienic beauty-culture of the face; for, the intelligent employment of that little apparatus for a few minutes daily, immediately after the face has had its ablution, will certainly tend to maintain the purity and health and therefore the beauty of the skin, which will not become blemished with black-heads, greasiness, roughness, nor pimples.

But even as the face that is scientifically massaged is kept healthy and beautiful, so massage of the body tends to invigorate it, to keep its muscles toned and strengthened, and assists the natural functions to do their work easily and well.

Let us begin with the neck, the part of a woman's "figure" that so soon deteriorates, loses flesh, and becomes lined, stringy, and discoloured, or too thick and fat, so that it looks out of proportion if great care is not taken of it. Proper massage of this will not only preserve its shapeliness and its whiteness, but will also have the effect of preventing "sore throat" and that tendency to "catch cold" easily whenever, by chance, it is exposed to changes

maintaining the beauty of personal appearance, and will send a copy of this, gratis and post free, to any reader who will ask for it, mentioning MYRA'S JOURNAL as the magazine in which she saw the offer. There are many illustrations in this book, of which to-day I am able to show three, which deal with the

and the hands placed again in position, and the soft part at the top joint of the thumbs worked round and round over the neck with light rotary movement if the neck is thin, but with deep ones if it has already developed too much fat. After three minutes of this the thumbs are to be rested under the chin while the fingers make similar movements at the back of the neck.

This treatment is to be continued for another two minutes, and the hands then placed in the position shown in Fig. 3, after the fingers have been lubricated with more crème. This constant lubrication is very essential both for feeding the tissues and for making the skin white and smooth.

Then, with firm, even touches, the neck is to be pressed and smoothed, the fingers working in an upward and outward direction towards the lobes of the ears.

(To be continued.)

A NEW WELSH GOLF CLUB.

The first annual meeting will be held on the links of the Rhos-on-Sea Golf Club, Colwyn Bay, from Wednesday, July 4th, to Monday, July 9th, inclusive. Handsome prizes will be offered, including a silver bowl for the Scratch (presented by W. Horton, Esq., J.P.), a silver rose bowl for the Handicap (presented by Sydney O'Hanlon, Esq.), six silver miniature cups for the Team Match (presented by the Rhos Hydro), another silver bowl for the Calcutta Handicap



FIG. 1.—KNEADING THE NECK.

proper treatment of the neck after this has been washed with warm soft water and a lather of any good creamy soap ("Woolley's Boval Cream Soap for Tender Skins," sold by all chemists is excellent), rinsed, and quickly dried.

While the skin is humid from this cleansing some tissue-building and wrinkle-removing cream, such as the above Mr. Mason's "Crème Suprême" (2s. 9d. a jar), should be spread over it, and when the hands are closed the neck is to be kneaded with the knuckles in the way shown in Fig. 1.

This must be firmly done in the way dough is kneaded in bread-making, but there must be no knocking with the knuckles as if the neck were a wooden door being hammered upon!

When this has been done for three minutes, and all the neck-muscles have been well kneaded, the tops of the fingers and thumbs must be lubricated with a trace of the Crème, and then placed as in Figure 2. Then the fingers must be drawn forwards, until they meet the thumbs, ten times; the lubrication is to be done as before,



FIG. 2.—STRENGTHENING THE THROAT MUSCLES.

of atmosphere and weather, especially when full evening dress is worn.

Mr. Mason, of 25, Bank Plain, Norwich, who is well known to our numerous readers as a reliable maker of the best toilet preparations at most moderate prices, has compiled a very excellent book on massage for



FIG. 3.—PREVENTING LOOSENESS AND BAGGINESS.

(presented by the Rhos Abbey Hotel), a silver bowl for the Bogey Handicap (presented by the Hon. Secretary of the Rhos-on-Sea Golf Club), &c., &c. A great number of competitors are expected. There are eight prizes in all, handsome and valuable, which are on view at the club House, and which are to be won outright.

"I thought I must write to tell you how very pleased I am with the skirt pattern you sent me."—E. H.

No. 6205

No. 6206

No. 6207



No. 6208

CHARMING BLOUSES AND GOWN FOR TABLE D'HOTE.

For Descriptions see Pages 30 to 34.

Price of Paper Patterns, Tucked Skirt, 1s. 0^d.; Foundation Skirt, or Blouses, each 6^d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

Practical Dressmaking for Home Workers.

A GATHERED CORSELET SKIRT.

THE pattern consists of a belt lining (five pieces: one back, one front, three sides) and a full skirt (three pieces: one back, one side, half the front) making eight pieces in all. For this skirt I recommend delicate silk voile (for patterns send to Best's Dress Goods Co., Bradford, who pay carriage both ways) which is opened out, and is double beneath back and side, so that each is cut in duplicate. The single material is folded over for tablier, so that it is cut in one piece.

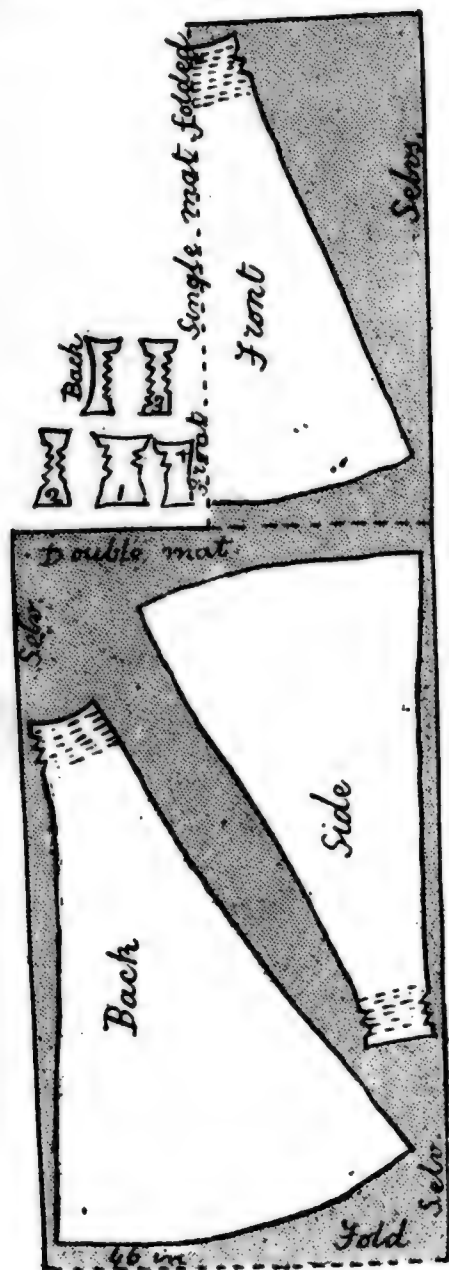


DIAGRAM OF CORSELET SKIRT PATTERN.

Cut the belt in lining; tack according to notches, and try on—a very neat fit. Make the opening at back (hooks and eyes, edge to edge). Bind the top and lower edge, and bone carefully all the seams and each back (where is the opening). Seam together the front, sides, and backs of the skirt. Press the seams. Gather to the waist and mount it on the corselet of lining, according to the notch.

The lower edge of the skirt is decorated with an inlet of cream net, outlined with cream Irish crochet. A wide hem finishes the skirt, which is worn over a foundation skirt. The opening is at the back, closing,

amidst the fulness, with a few very small de Long hooks and bars (or worked loops). The top of the corselet is finished with Irish crochet. Any blouse, for day or evening wear, can be worn with this skirt, but it looks well with No. 6217 of net, trimmed with crochet to match the trimming on the skirt.

BOY'S SEASIDE TUNIC.

This is a capital seaside or country costume for a small boy of two to three years, made



No. 6209. A GATHERED CORSELET SKIRT.

For Description see this Page.

Price of Paper Pattern, 1s. 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

of navy serge; it is cut long enough to conceal the drawers, so that knickers to match can be dispensed with. The pattern is in five pieces—half the back, one sleeve, the left double-breasted front, one cuff, half the collar. Diagram shows pattern pieces laid on 1½ yards of 52-inch material, which is opened out. On the single material a space is marked out for the second cuff, the lacking half of the back, the right front (single-breasted), the second sleeve, the left front's

facing (cut on left front), the lacking half of the collar.

The left front to the double breast should be faced with the material. Right edge is hemmed, and the tunic closes with pearl buttons. The sleeve is gathered into the lined cuff, which closes with buttons and buttonholes. The belt should be of leather. The collar is of the serge, or neck can be piped so that hem-stitched, detachable, white muslin collars can be worn.

Lutas Leathley (Summer Department 40), Armley, Leeds, has excellent serges for boys' clothes, which wear well in spite of cheapness.

BLOUSE FOR A CORSELET SKIRT.

(For Illustration see Page 37.)

The pattern is in seven pieces: half the front, one back, the sleeve, half the collar,

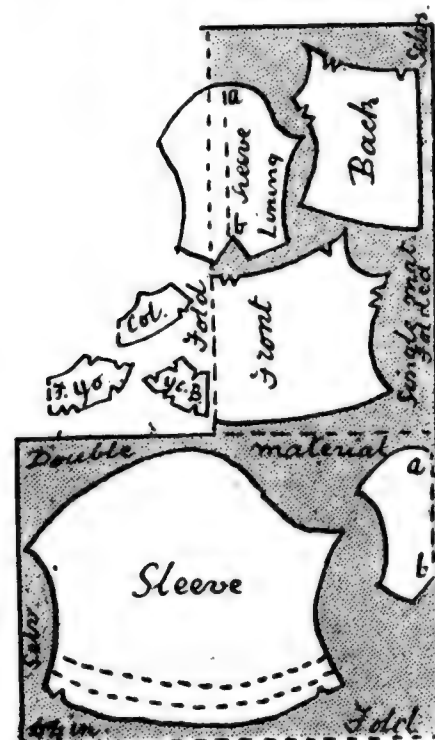


DIAGRAM OF BLOUSE PATTERN.

(For Illustration of Blouse for a Corselet Skirt see Page 37.)

one back yoke, half the front yoke, one sleeve lining. The blouse looks well in ninon, with lace or net yoke decorated with coarse lace motifs. The diagram shows three pattern pieces, for ninon, laid on 2½ yards 44-inch ninon, which is folded over (front centre laid along the fold). The rest of the material is opened out and is doubled for the sleeve pattern. The lining for sleeve can be cut from the ninon, seamed at a b as shown on the diagram. The yoke could be of the ninon, tucked to flat pattern or simply decorated with lace motifs.

Tack together the three yoke pieces. Tack together front and backs, arrange into the yoke, and try on. Make the seams very neat and small. Hem the basque. Decorate the yoke and put on the frills of lace just where they will fall and conceal the top of the corselet skirt. Ribbon can be effectively mixed with the frills. The collar (it hooks at the back, like the blouse, with tiny hooks

"I think Myra' better than ever."—J. D.

and worked loops) is of lace. Seam the sleeve. Arrange on the lining. Decorate at the elbow with lace frills and ribbon draperies.

FRENCH BATHING DRESS.

It is carried out in white serge, trimmed with scarlet braid and embroidered on sleeves and collar with crossed anchors worked in satin stitch with scarlet wool. It would look



No. 6210. BOY'S SEASIDE TUNIC.

For Description see this page.

Price of Paper Pattern, 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

very well worked in white wool or cotton, with white braid or red serge; or royal blue serge with white braid and embroidery would be effective. For those who prefer a smart and unconventional effect I would suggest dark green sicilienne alpaca, trimmed with bands and collar of russet linen, a russet silk sash round the waist.

The pattern is in five pieces; half the knickers, half the tunic back, the right front of tunic (cut with box pleat), half the collar, one sleeve. The diagram shows the pattern pieces laid on $4\frac{1}{2}$ yards of 48-inch material, which is opened out and is double beneath the knickers and sleeve patterns so that each is cut in duplicate. On the single material is marked out the left front, also the lacking halves of collar and back.

Seam the knickers back and front, and bind the seams. Hem the legs and trim with braid. Hem the top, leaving free two inches of the front seam for the passing of a tape runner. Seam together back and fronts of tunic. Arrange and stitch the box-pleat and make buttonholes down the pleat. Hem the left front and put on the buttons. The lower edge is hemmed and braided. Embroider and braid the collar. Sew it on the tunic neck according to the single notch. Seam the sleeve and decorate it. Arrange it into the armhole and bind the seam.

The sash of Shantung silk should match the braid or the russet linen (on green serge.)



No. 6211. FRENCH BATHING DRESS.

For Description see this Page.

Price of Paper Pattern, 1s. 0d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

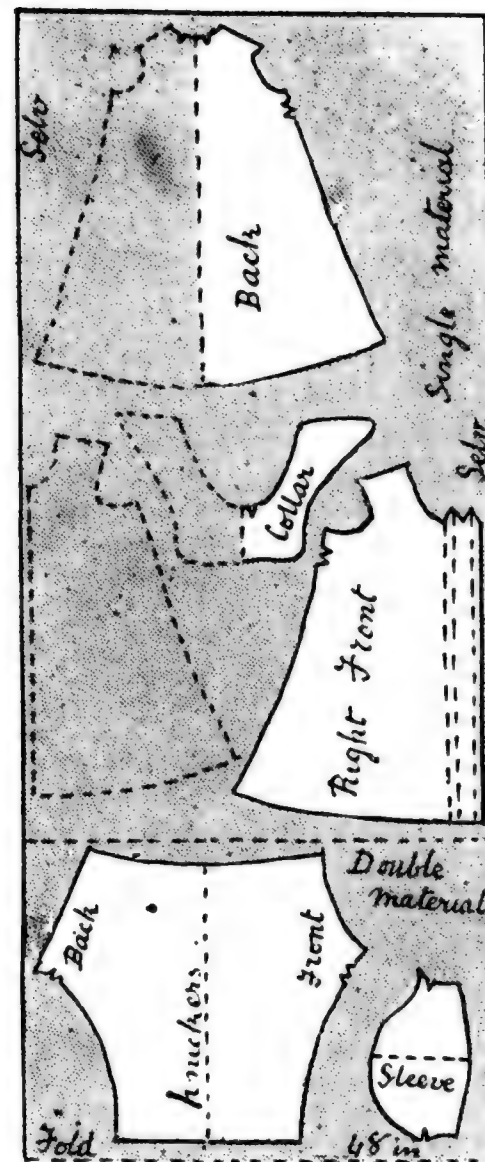


DIAGRAM OF BATHING DRESS PATTERN.

FACE MASSAGE.

Those who have not yet tried the effect of Dr. Harlan's "Beauty Cup" Massage in clearing off blackheads and pimples from the skin, and plumping out and rounding the corners of face, neck and arms, will be surprised at the improvement a few weeks' use of it will render in their own appearance. Even one application makes a difference. It seems to pump out pernicious segregations in the pores of the skin, while improving the circulation and bringing the healthy blood freely into languid, partly congested vessels. Dr. Harlan's Beauty Cup will be sent with a pamphlet of instructions, etc. (the "Beauty Book"), post free, in Great Britain. Address, M., Highwater Laboratory Co., 1-34, Exchange Buildings, Southwark, London.

BARGAINS AT THE SALES.

The coldness of the spring made people eschew light summer fabrics and garments, and though directly the weather permitted there was a rush for the dainty gossamer apparel which the autocrats of the millinery world, months ago, decreed were to be worn, yet there remains a surplus which will be sold off at great reductions during July, and which will come in splendidly for the seaside and holiday outfit required for July, August, and early September. For the best places to go ladies should consult the Sale Number of "Hearth and Home," which is full of valuable information on the subject.

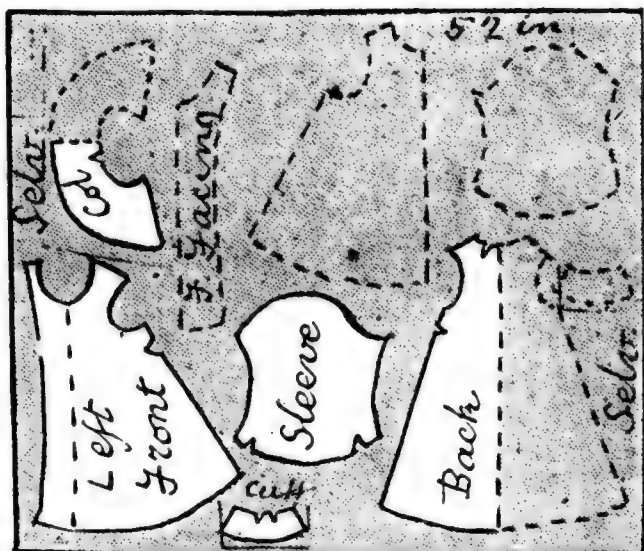


DIAGRAM OF BOY'S TUNIC PATTERN.

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Street.

"Pattern is as usual by you, so well cut."—N. F.

Cookery and Household Management.

THE SPARE BEDROOM.

IN this article I am not going to intrude into Mrs. Leslie's department and give pronouncements upon furnishing and equipping the spare room.

I take it for granted that in every house where staying visitors are expected from time to time a room, larger or smaller, according to the size of house and family, is set apart for their accommodation, and that it is furnished according to the tastes and purse of its possessors.

It is possible that the housemistress has had neither part nor lot in the selection of either the room or its furnishings. She may have come into these ready-made, as it were, by inheritance, or by marriage, and there may be circumstances which prevent any attempt to alter or beautify or modify any of the "big things" upon which so many people imagine all the comfort of spare rooms depends. Then despair descends on the faint-hearted hausfrau, and she bemoans an entourage which she did not create and cannot alter, and frets because she has not put her own imprimatur upon the room which her best friends are to occupy.

Now, it is quite a mistake to think that all comfort for guests is contained within walls, perfectly clothed, which enclose even the most picturesque and satisfying of furnishings.

To a colour-lover, great is the charm of a perfect colour scheme; but even that does not compensate for a hard bed.

To an enthusiast in design, the right piece of furniture in the right place is no consolation when humble necessities like towels and sheets are absent; while even to a strictly religious mind, accustomed to illuminated texts to guide, warn, or rebuke, there is something irresistibly comical in the announcement that "The Lord will provide" over a washstand innocent of water and soap, inducing a reflection that home missions in the shape of creature comforts would, to the mere practical person, appear more to the purpose than pious sentiments, and appeals to send blankets and top boots to the heathen.

The housemistress may rest serenely sure that her guests suffer no manner of thing that is ill, only when she realises that upon her depends their real comfort.

The spare room may be small, then let it not have valuable space taken up by superfluous ornament. Let not its toilet table be the dumping ground for derelict vases and trays and useless trifles which leave no space for the guest's own belongings.

The wardrobe may be tiny, and the drawers therein few. Let them, I pray you, be at least empty, and not filled with the spare clothing of the family, or the collected, forgotten odds and ends of former visitors. Then will the guest bestow his or her goods with thankfulness, and without secret annoyance that so much which might be arranged on shelves, or hung on pegs, or folded in drawers, must perforce remain in travelling boxes, to be crushed, perhaps,

or tumbled about in the inevitable search for just the thing which always seems to gravitate to the bottom of boxes at the moment when it is wanted, which would, naturally, have been easily found had forethought on the part of the hostess been exercised, and proper receptacles provided.

Next to the necessary accommodation for clothes and other belongings, let me plead for comfort of another kind—a really easy chair, wherein the tired may rest. If a sofa or comfortable lounge is numbered with the furnishings, so much the better; but if not, some rest for weary feet, such as Mrs. Leslie will know of, there must be, even if it be only a very humble extension to the chair aforesaid. A kind housewife knows also how restful a soft cushion may be rather than the hard, relentless mockery of comfort too often presented to the unsuspecting searcher after rest; she will not forget it when arranging the guest room.

A writing-table must be remembered, of a steady, substantial sort, one which does not wriggle about, and on it a few little things are absolutely necessary—paper and envelopes, a blotter, pens, pencils, pen-nibs, a pair of scissors, a pen-knife, a paper-knife, a string box and some labels, a candlestick (a candle is understood), matches, sealing-wax, a time-table, and a calendar.

Hostesses sometimes forget that guests like half an hour to themselves now and then for the many little tasks which somehow always seem to crop up when one is visiting; but the really thoughtful one recollects this, and has two comforts in readiness, i.e., a newspaper or new book, and a work-basket. Then may there be welcome relaxation, or equally welcome toil. We may read, or we may mend our garments.

The book must be chosen with care. Useless to leave Bacon's "Essays" out for a schoolboy, or the "Fairchild Family" for a schoolgirl. "Myra" says little to mere man, and a book of outdoor sports is only an aggravation to a woman of frills and furbelows; but a small amount of thought will give the boy and girl just the books of adventure and love which they delight in. Madame of frills and furbelows will love MYRA, and the man will revel in the sport book. It is all a question of adjustment.

Among spare room comforts must be reckoned the little box of biscuits which, in wakeful nights, is such a boon, and the tea-tray on arrival, which robs unpacking of half its horrors.

We are told that our future queen, the present Princess of Wales, makes it a rule, in her exalted station, to go herself into each bed and sitting room prepared for guests, before they arrive, to satisfy herself that everything is arranged to her liking, which means to their comfort.

Does not this gracious custom furnish an example to all who entertain, and will not a similar practice rob many spare rooms of many defects, and ensure for many guests, gentle and simple, all that true hospitality ought to shower upon them?

That bed linen is fresh and well aired,

that blankets are warm enough, and not too warm; that eiderdowns are at hand for extra coverings, that windows will open and will not rattle in every wind that blows; that grates have well-laid fires, ready to be kindled at a moment's notice in summer, and burning brightly in winter; that hot water, towels, and soap are not omitted from the washstand and towel rail, that matches and candles are in evidence, that the bell will ring, and the door will fasten; are not all these the minor comforts which a tactful woman will see to herself, and not take for granted? And is it not in the provision of thoughtful comforts like these, far more than in grandeur of apartment, magnificence of furniture, gorgeousness of colour, or pretentious "fashionableness," that the real joys of the guest chamber consist? "A good hostess, yes—she forgets nothing that is comfortable," is surely praise worth earning.

LETITIA HOPE.

(For Answers to Correspondents, see page 42)

SIMPLE AND NOURISHING DISHES FOR SEA-SIDE LODGERS.

VEGETABLE SOUP.—Stock should be well boiled at some convenient time, and any vegetables may be used, with the usual herbs and spices for seasoning. They are improved in flavour if they are put into hot fat for a few minutes, and well crisped before the boiling water is added. When the soup is partly boiled, add some cleaned barley or rice. It should take two or three hours of good boiling to soften the vegetables. To prepare the soup for table rub it through a sieve, and mix with it one heaping tablespoonful of dried separated milk (Cow and Gate Brand) to every half-pint of stock. Add a little chopped parsley and a few tiny specks of butter just before serving. It should be hot and fairly well seasoned.

BEEF OLIVES (with already cooked beef).—A few slices of cold beef rolled round a little forcemeat and tied; a little onion and tomato if at hand; a little butter, and an equal weight of flour; water (hot) as required; $\frac{1}{2}$ oz. of dried separated milk (Cow and Gate Brand) to every quarter pint of water. Melt the butter and allow it to brown. Add the onion, tomato, and flour, stirring all well together. When the mixture is a rich colour and quite smooth, add the water and the milk powder previously mixed. Season to taste and allow the gravy to simmer for about five minutes. Strain it and put the olives carefully into the gravy as it simmers. Cover till done and serve when hot. Time, exclusive of simmering and making of forcemeat, five minutes.

A NOURISHING CUSTARD.—A nourishing custard without eggs can be made from dried separated milk, and will keep quite fresh for at least three days. To make the custard:—Mix 3 oz. of dried separated milk or full cream dried milk (Cow and Gate Brand), with rather more than half a pint of hot water, and bring to the boil. Take the remainder of the pint of water, or ordinary milk if liked (it should be about a wineglassful), and with it mix to a liquid the packet of custard powder generally used with a pint of milk. When the milk boils pour it into the bowl, and stir well until it thickens. If necessary put it back on the fire for a few minutes, but be careful that it does not boil fast. Flavouring essence can be added or a little lemon rind can be boiled in the water before it is mixed with the milk.

Prize Recipes and Household Hints.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put their name and address on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of prize winners are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

PRIZE COOKERY RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following Cookery Hints:—

EGG SOUP.—This is a nice soup for supper or luncheon, as the quantities are so easily altered according to the number to be provided for. Shred a fair sized onion into one quart of milk, and boil. Draw aside to simmer about ten minutes, remove the onion, and drop into the milk a ball made of one tablespoonful of flour, butter, and a little pepper and salt. Just before serving poach some eggs and place in the tureen; pour the soup over them carefully, and serve quickly.—J. TIMMS, Gaydon Fields, Warwick.

SAVOURY DISH OF ONIONS.—Ingredients: Three onions, a small piece of dripping, a level tablespoonful of flour, half a pint of water (cold), pepper and salt. Skin onions and fry whole in the melted fat till a golden brown colour. Take out the onions and add to fat a tablespoonful of flour. Stir very quickly for about two minutes; then add the water, a little at a time. Allow it to boil up each time after adding the water. Season with pepper and salt. Put back the onions into saucepan, put on the lid, and simmer one hour.—Miss L. E. SIMPKISS, Enderley, Dennis Park, Stourbridge.

TOMATO SWEETBREADS.—Cut up a quarter of a peck of ripe tomatoes; set them over the fire, and let them stew in nothing but their own juice till they go to pieces, then strain through a sieve. Have ready four or five sweetbreads that have been trimmed nicely and soaked in warm water. Put them into a stewpan with the tomato juice, and a little salt and cayenne; add two or three tablespoonfuls of butter rolled in flour. Set the saucepan over the fire, and stew the sweetbreads till done. A few minutes before you take them up, stir in two beaten yolks of eggs. Serve the sweetbreads in a deep dish, with the tomato poured over them.—Miss GILES, Woodgrange, Exmouth.

TRUE ITALIAN RECIPE FOR MACARONI.—Take a piece of meat (about the size of a cutlet) and cut it into little dice. Put it into a saucepan with some butter and oil, and when of a golden colour, add one onion, one carrot, a little parsley, and some celery all minced finely. When a nice brown colour, add a teaspoonful of tomato pulp, and half a cup of red table wine. Then let it brown again, and when quite thickened, add a teaspoonful of browned flour. Stir again, and when dry add a cup of warm water, and let it simmer gently for at least an hour after having put the necessary seasoning (salt, pepper, and a few cloves, if liked). Boil the paste in plenty of water, with salt till soft. Pass it through a sieve; put a little at a time into a dish with about two spoonfuls of the sauce and some grated cheese; mix with two forks, put more macaroni, sauce, and cheese, and mix as before, until you have put all the macaroni on the dish; then place on the top the remainder of sauce, and a good deal of cheese, and serve hot.—Signorina GUARMANI, Alassio, Italy.

RECIPES COMMENDED AND RECOMMENDED.

APRICOT SOUFFLE-AUSTRIAN.—Pass five tablespoonfuls of apricot jam through a sieve; stir in

slowly two tablespoonfuls of castor sugar, make a stiff snow of the whites of five eggs, added heaped up on a soufflé dish. Ornament with sliced almonds on the top. Bake for twenty minutes in a quick oven.—BERMONDSEY, S.E.

SARDINES A LA REINE.—Take slices of bread three inches square, toasted and well buttered on both sides. Remove the tails and skins of the sardines, make four fillets of each one, and place them in lettuce form on the toast. Fill up each space with little mounds composed of the following ingredients: Chopped hard-boiled white of egg, sprinkled with coralline pepper, chopped yolk of egg, chopped parsley, and chopped pickled walnut. Make all this hot in the oven, and serve it on a dish garnished with a lace paper. It makes an excellent savoury.—CIRENCESTER.

RHUBARB MOULD.—Cut up in one inch lengths as much rhubarb as will fill a quart measure; then stew three-quarters of a pound of sugar, and the thin yellow peel of a lemon with the rhubarb till it is quite smooth. Dissolve half an ounce of gelatine in two tablespoonfuls of hot water, and mix with the hot rhubarb, when nearly cold pour into a wetted mould. When set turn out and serve with cream or custard.—DARLINGTON.

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FOUR PRIZES, EACH 2s. 6d.,
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HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following Household Hints:—

A PASTRY HINT.—If beef or mutton dripping is to be used in making pastry, beat it to a cream with a tablespoonful of baking powder, and a squeeze of lemon juice. This is very effectual in removing all taste, and also makes the pastry short and light.—Mrs. SADLER, 7, Durham Road, Wimbledon.

BEETROOTS.—If, after boiling beetroots, they are found to be tasteless, add moist sugar to the vinegar, and after standing for a short time, a full sweet flavour is obtained.—Miss HYDE, Sunnywood, Didsbury, Manchester.

In sewing or tucking silk, crepe-de-chine, or very fine materials, with machine, place some paper under the material, which will prevent it gathering or puckering, as it otherwise would do. The paper will come off quite easily afterwards.

In stitching heavy or clumsy articles with machine, rub a candle slightly heated to the seam, and the needle will pass through freely.—Miss FLORENCE A. WALL, The Commons, New Birmingham, Thurles, Co. Tipperary.

Good mint sauce should be prepared some twelve hours before wanted. Chop the mint in the usual way, adding enough water to cover it, and sugar as required. Cover and leave until the sauce is to be made, then add twice as much vinegar as there is water, and this will give a delicious sauce.

In clarifying fat that has been used for frying, pare and slice a raw potato, placing it in the fat. Heat until potato is well browned, set aside till moderately cool, then strain for use once more.—Mrs. B. DALBY, 3, Shaftesbury Buildings, Shanklin, I. of W.

HOUSEHOLD HINTS COMMENDED AND RECOMMENDED.

If parsley is put into an air-tight jar, instead of putting the stalks into water, it will keep fresh and green for a considerable length of time.—SHEPHERD'S BUSH.

When ironing you should always have something ready to clean the irons on, and an easy method is to keep a small wooden box (sufficiently large to move an iron up and down in), and place in it a piece of carpet (wrong side up), the size of the bottom of the box, and cover it with

bath brick grated up; the irons can easily be cleaned by rubbing up and down on the brick, and the carpet lasts much longer than brown paper.—Mrs. J. B. HUMPHREY, Rossington, Doncaster.

Steaks of fish can be cooked much more easily and without greasing the stove, by doing them in a nice hot oven. Have some nice hot fat ready in a dripping pan sufficiently large for number of steaks; then dry the fish thoroughly and egg and breadcrumb it well, and place in the hot fat and put in the oven; when cooked a nice golden brown, turn over with the slice and do the other sides, and serve as usual. This is much easier than frying, and not such hot work for the cook.—Doncaster.

THE BEST MOTHERS.

A writer on family life remarks that the best mothers generally miss a great deal of happiness. There is some truth in the observation, for most of us are familiar with the type of mother who spends her energies unstintingly in ministering to the never ending requirements of husband and children. Late and early she is for ever putting this or that to rights, "sorting" here or there, and, alas, always too busy to bother about her own needs. The children learn that Mother "can't spare time" to play or listen to their confidences. And mother—well, she "can't stand things" quite so well as she used to, her stock of "staying power" is not inexhaustible. Now let me say right here, get out into the air, get more rest, and above all, do not wait until the others come in—it's too long—take a little refreshment to keep you going meanwhile. Perhaps an appetising trifle is not always at hand, but as Sir Francis Laking, the King's physician, says, even so simple a thing as Currant Bread, if eaten daily, provides the most nourishing and satisfying food imaginable. The currants are rich in brain and body building properties, and the housewife will find in Currant Bread (either White or Hovis) all the sustenance she needs. When the mother keeps herself cheery and healthy there's going to be a big boom in happiness, and it will start just as soon as a little ordinary knowledge and care is exercised in taking the right nourishment at the right time. There's a practical hint in the right direction contained in Sir Francis Laking's advice—to use plenty of currants in one way or another every day.

Cookery Recipes and Household Hints PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each,
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FOUR PRIZES, 2s. 6d. each,
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Competitors must send in their Recipes and Hints on or before July 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

Competitors must write their Cookery Recipes and Household Hints on separate sheets, and put their name and address on each. The sheets can then be pinned together with each coupon.

COOKING RECIPES.

JULY, 1906.

HOUSEHOLD HINTS.

JULY, 1906.

The Result of the Competition will be published in the September number.

"I have been a subscriber for years and always find your journal so useful."—C. A.

Descriptions of the Illustrations.

Blouse of Lawn, Broderie Anglaise, and Valenciennes.

No. 6152. The pattern is in seven pieces—half **Page 8.** the tucked back, one tucked front, half the embroidery vest, one sleeve, one sleeve lining, half the collar, one cuff. The tucks are wheelmarked on front and back patterns. Lay the pattern pieces on 4 yards of 29-inch lawn, which is opened out and is doubled, so that front, sleeve lining, and sleeve are cut in duplicate. Cuff, collar, and vest are cut in embroidered lawn. The single lawn is folded (selvedges meeting), the back centre of back laid on the fold. Arrange the tucks. Strap fronts and back with strips of the lawn, embroidered with French knots, edged with Valenciennes. Tack together the back, vest, and fronts. Try on. Make button-holes down an underfold of left, hem the left edge of vest, and sew the buttons down the hem. Seam the side seams (run and fell seams). Hem the basque's lower edge. Decorate vest edges with embroidered bands edged Valenciennes. Seam on the collar of broderie according to the notch. The sleeve is seamed inside with a fell seam. It is gathered (on a lining) into the cuff of Valenciennes-edged broderie. Gather the top of the sleeve into the armhole and bind the seam for neatness. For lovely mercerised lawns, plain and embroidered, send to Messrs. Nicholson's, St. Paul's Churchyard, E.C.

Blouse of Ninon de Soie.

No. 6153. A back and two **Page 8.** crossed fronts of ninon, with a vest of Irish crochet. Band collar of crochet. Trim vest with bows. Valenciennes frills edge the large crochet collar. Full elbow sleeve of ninon, tucked to flat pattern, drawn into a cuff of crochet, which is edged with two frills of Valenciennes lace. 46-inch ninon, 2 yards. For patterns send to Best's Dress Goods Co., Bradford.

A Tucked Muslin Blouse.

No. 6154. A tucked front **Page 8.** and two tucked backs of muslin or lawn, inlet with embroidery insertion to represent a crossed fichu. The material is cut away beneath embroidery. Collar of the embroidery insertion. One-piece sleeve, gathered into an undersleeve of the material, strapped with the insertion. Cuff made up of insertion. 29-in. material 3½ yards. For pretty muslins send to Christopher Williamson's, Fabrics Department, 91, Edgware Road, W.

Blouse of Embroidered Lawn.

No. 6155. A front and two backs, the fronts **Page 8.** worked in satin stitch and French knots. Embroidered collar. One-piece sleeve on a smaller lining, with frills of deep valenciennes. 29-inch lawn, 3½ yards.

A Serge or Alpaca Bathing Dress.

No. 6156. The pattern is in four pieces (half **Page 9.** the costume)—half the knickers, half the tunic front, one back of tunic, one sleeve. Tunic buttons at back. Lay the pattern pieces on 4½ yards of 48-inch serge, which is doubled beneath

the knickers, back, and sleeve patterns, so that each is cut in duplicate. Space should be marked out for the lacking half of front. The knickers are seamed at the back. In front they button over a fly flap, the buttonholes made in a lined band sewn under the right opening. Or they can be completely seamed, and drawn up on a tape runner passed through the top hem. The legs are gathered on an elastic runner. The tunic backs and front are seamed together according to the notches. Broad hems down the backs hold the buttons, and buttonholes can be made in an underfold of the

Lay the pattern pieces on 5½ yards of 45-inch alpaca, which is opened to the full width and is doubled so that knickers, backs, and sleeve pattern are each cut in duplicate. Below, the single material is folded over (selvedges meeting) the front centres of blouse and skirt laid on the fold, so that each is cut in a single piece. The knickers are seamed up the back and front, two inches of the front being left open and hemmed, for the convenience of the runner of tape or sarsenet ribbon, which is passed through the top hem. The legs are gathered into a band covered with broderie insertion. Edge skirt with a flounce of broderie. The seams throughout the costume should be bound with sarsenet ribbon, as raw-edge alpaca seams would be very irritating to the skin. Backs and front of the blouse are seamed together, after laying on the yoke of broderie. The back edges are finished with stitched bands of sarsenet. Buttonholes are made in a doubled band of sarsenet, which is stitched beneath the right back edge. Sateen can be used instead of sarsenet. The notches on blouse and skirt patterns show how to arrange the gathers. The sleeve is puffed on a lining. Round the waist a sash of silk, mercerised cotton, or thin woollen is worn. The cut broderie is edged with galon or a band decorated with French knots.

Bathing Wrap.

No. 6158. Of red art serge **Page 9.**—a three piece loose coat, with cape and pelerine collar of the serge. Trim with black braid. 52-inch serge, 7 yards.

Child's Bathing Dress.

No. 6159. Of blue linen or **Page 9.** serge, trimmed with striped red-and-white cotton. Two-piece knickers, drawn up at waist on a runner, three-piece blouse closing at back, strapped with the cotton. Puff sleeve, gathered into a striped band. For linen and cotton send to Lutas Leathley (Summer Dept.), 40, Armley, Leeds. 29-inch linen for a girl of eight, 4 yards. Sash of red-and-white striped silk.

Travelling or Motor Coat of Pirle-finished Cream Serge.

No. 6160. The pattern is **Page 10.** in six pieces (half the coat)—one pleated back, one pleated front, one cuff, half the collar, one sleeve, one sleeve lining. Lay the pattern pieces on 5 yards of 54-inch serge, which is doubled (selvedges meeting), the back centre of collar laid along the fold so that it is cut in a single piece, the other pattern pieces

being cut in duplicate. Tack together backs and fronts. Try on. Stitch and press the seams. Turn up the edge all round over a band of lino; stitch down. Trim with stole of galon. Face fronts with the material. Close with hooks and eyes, edge to edge. Cut to below armhole glacé lining on coat pattern. Seam and press it. Tack it in place and slipstitch the turned edges over the stitched coat facings of serge. Line the collar with lino; face with striped silk. Sew the collar into the neck and fell the facing over the seam. The sleeve lining is seamed. On it is arranged the one-piece sleeve. The edge is finished with a stiffened cuff faced like the collar. It is

THREE TRAVELLING OR SEASIDE SKIRTS.

For Descriptions see Page 25.

Price of Paper Patterns, each 6d., post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

right back, so as not to show. Trim with coarse white lace insertion. Sash of silk or bunting, or belt of the material. The one-piece sleeve is puffed into a lace band. Bind all seams to avoid rough edges.

Elegant French Bathing Dress.

No. 6157. The pattern is in six pieces—half **Page 9.** the knickers, half the shaped skirt, half the front and one back of the blouse, half the front of the broderie yoke, one sleeve. The knickers are concealed beneath the long skirt, which is seamed to the blouse. This model is of blue sicilienne alpaca and broderie Anglaise.

Beckenham, Kent.—"I have been a subscriber for seventeen years and think that your fashions are the best."—K. N

stitched into the armhole, and the coat lining is felled over the seam. The inverted box-pleats (wheelmarked on pattern) are stitched down half-way.

Dust or Travelling Coat of Grey Sicilienne Alpaca.

No. 6161. Backs and fronts are arranged into **Page 10.** the scalloped yoke, which laps over them, held with metal buttons. It is unlined but for yoke and alpaca facings to the double-breasted fronts. Close with metal buttons and braid loops. Flap pocket on each front. Turn-over collar, faced with the alpaca or silk. The big sleeve is arranged into the lapped cuff. It should reach the feet, or fall far below knees. 48-inch sicilienne alpaca, 7 yards. For the alpaca send to Best's Dress Goods Co., Bradford, who will pay carriage of patterns both ways.

A Smart Travelling Dress.

No. 6162. Excellent model for heavy serges **Page 10.** (for splendid serges send to Best's Dress Goods Company, Bradford). Hip yoke and tablier cut in one (fastening at back). Into this is pleated the two sides and two backs (pleats wheelmarked on pattern). Stitched hem at sides and back. Yoke and tablier are lined. Wear over a five-gore foundation skirt. Smart coat with lapped seams back and front (two piece fronts). It is stitched at armpits to match hem of skirt. Smart gigot two-piece sleeve with stitched cuff. Single-breasted, the coat closes Chesterfield style, with buttonholes made in the right front facing (of the serge). 52-inch serge, 7½ yards. The cuff is only simulated.

Pleated Frock for Linen or Cream Irish Tweed.

No. 6163. (Send to Robinson and Cleaver, **Page 11.** Belfast, for patterns of linens and Irish tweeds.) Skirt is cut in six breadths, the seams hidden in the pleats, which are wheelmarked on pattern. Pleats are stitched down. Wear over the five-gore foundation skirt. Smart pleated blouse to match, pleated back and two fronts (pleats wheelmarked on pattern). Fronts are open to show the chemisette (with band collar) of Irish lawn. Collar is embroidered in spots. Revers, cut with fronts,

are faced with linen embroidered in Peri Lusta thread. Collar of the material, embroidered like the revers. One-piece sleeve on a smaller lining, with strap of embroidered linen drawing sleeve in to form a hemmed frill. Under frill of lace. Tie should match the embroidery. Leather belt. 36-inch linen, 18 yards.

Gathered Princess Dress of French Muslin or Mousseline de Laine.

No. 6164. A lining (mercerised) is cut to hip, **Page 11.** in nine pieces, closing at back. Tack, fit, seam, bone, and hem the lower edge. On the lining is wheelmarked the three-piece round yoke of lace. Fit the yoke, seam it, and mount it in place. Seam the low-necked nine-gore Princess dress of mousseline de laine, and gather it (according to wheelmarks) on the seamed and boned lining. Put on false tucks. Sew on the appliques of coarse lace. Band collar of the piece lace. Embroidered white muslin can replace the piece lace. One-piece sleeve on a smaller lining with fine lace frills, the edge of the frills strapped with appliques of the coarser lace. 29-inch mousseline de laine, 16 yards.

A Pretty Muslin Frock.

No. 6165. Five-gore full skirt. Make quite **Page 11.** apart from the five-gore foundation skirt, which is edged with a shaped flounce (lined with lino to give firmness). Trim skirt with cross-cut frills of muslin and appliques of Valenciennes insertion. Cut a bodice lining with three-piece front, to close to left front on left of centre panel. Fit, seam, bone, leaving only side and shoulder seams. Cover front panel with plastron of net. Drape the rest with a gathered back and two gathered fronts of the muslin. Finish seams. Strap the fronts with lace. Fichu decoration (vandyked) of muslin edged with lace. Band collar of net, tucked to flat pattern. One-piece sleeve gathered on a lining, with lace-edged muslin frills. 29-inch muslin 16 yards.

Empire Hot-Wear Dressing Gown.

No. 6166. For pretty cambrics and washing **Page 12.** material's send to Christopher Williamson, Fabrics Department, 91, Edgware Road, W., for patterns. The six-gore gown is tucked to flat pattern at lower edge. It is

gathered into a two-piece Empire bodice (buttoned on shoulder, to pass over the head), which is embroidered, and is drawn to the figure by ribbons passed through worked slots at waist and neck. Gown is handsomely embroidered with white cotton. One-piece wing sleeve, tucked to fit shoulder (tucks wheelmarked on pattern), decorated with embroidery, insertion, and edging. 29-inch cambric, 14 yards.

A Simple Dressing Jacket.

No. 6167. Three-piece yoke is tucked to flat **Page 12.** pattern. It is edged with feather-stitched bands, and lace edges the neck. Ribbon runner. Into this yoke is gathered a full back and two full fronts. One-piece sleeve, the edge tucked to flat pattern. Good model for cambric. 29-inch material, 7 yards.

Embroidered Cambric Chemise.

No. 6168. Of cambric, to match No. 6166. A **Page 12.** back and front, front fitted into an embroidered yoke. Neck and armhole are scalloped and worked, cut in slots to hold the ribbon runner. 29-inch cambric, 3 yards.

Embroidered Nightdress.

No. 6169. To match Nos. 6166 and 6168. The **Page 12.** pattern of the nightdress is in five pieces: Half the back, half the tucked front, half the front yoke, one sleeve, one frill. Neck of back and of yoke, also the edge of sleeve frill, are scalloped. Lay the pattern pieces on 6½ yards 36-inch cambric, which is opened out and is double beneath the sleeve pattern, so that the sleeve is cut in duplicate. The single material is folded over (selvedges meeting), the back centre of back, and front centre of front laid along the fold, so that each is cut in single piece. The material being too narrow for complete back and front, added corners have to be seamed on up the selvedges at a, b, c, d. Tucks of front are wheelmarked on pattern. Gown passes over the head, buttoning on left shoulder. Embroider the yoke, sew the seams (double notch and shoulder seams) neat, small run-and-fell seams. Hem the lower edge. The front is tucked into the yoke. Junction of yoke and front is covered by a band worked with French knots. The ribbon, which passes through

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worked slots of neck, should be about 1 inch wide, and the length of slot should be rather less than the width of the ribbon used. Work the scallops round the neck. For capital cambrics send to Christopher Williamson, Fabrics Department, 91, Edgware Road, W. The sleeve is seamed; into its edge, beneath a worked band, is gathered the shaped frill.

Cambric Drawers.

No. 6170. They cross at back with deep added **Page 12.** hems. The top is arranged into a shaped band. The legs are drawn into a band, worked with slots to hold the ribbon runner, and into this the frill is gathered, trimmed with embroidery insertion and edging. 36-inch cambric, 3 yards.

Embroidered Cache Corset.

No. 6171. Could be used as an underslip for **Page 12.** transparent blouses. For patterns of cambric send to Christopher Williamson, Fabrics Department, 91, Edgware Road, W. To match Nos. 6166, 6168, 6169. Three-piece bodice—back and two fronts, fronts arranged into a 2-piece embroidered yoke. Garment buttons in front with an added stitched strap. Neck and armholes are scalloped, neck cut in worked slots run with narrow ribbon. 36-inch material, 1½ yards.

Embroidered Empire Chemise.

No. 6172. A back and front (front embroidered **Page 12.** at top) is cut with slots run with ribbon to simulate a bodice and skirt. Edge of skirt is decorated with embroidery insertion and edging. To match No. 6170. 36-inch cambric, 3½ yards. The skirt serves as an under-petticoat.

A Cache Corset of Cambric.

No. 6173. Could be used as an underslip for **Page 12.** transparent blouses. For patterns of cambric send to Christopher Williamson, Fabrics Department, 91, Edgware Road, W. Three-piece bodice—back and two fronts, buttoning in front beneath a box pleat, fronts embroidered. Neck and armholes are decorated with scalloped edging, neck being cut in worked slots run with narrow ribbon. 36-inch material, 1½ yards.

Blouse for a Corselet Skirt.

No. 6174. Like all blouses for corselet skirts, **Page 14.** the main decoration is put on just where it can veil the top edge of the corselet. Tucked front and two tucked backs of muslin (tucks wheelmarked on pattern). Lace motifs simulate a bolero, joined by a ribbon bow. Blouse buttons at back with buttonholes made in an underfold of right back. Frills of the material, separated by a ribbon strap (held by a bow), decorates the blouse at the edge of the corselet skirt. Across the front, above the second bow, is a drapery and bow of ribbon. Band collar tucked to flat pattern. Puff sleeve on a smaller lining, with lace motifs down the seam, edged with frills, strapped with ribbon. Lace motifs on collar. 45-inch muslin or ninon, 2 yards.

Blouse of Spotted Muslin.

No. 6175. A back and two crossed fronts of **Page 14.** the muslin, edged round neck and fronts with lace insertion heading two lace frills. Vest and collar tucked to flat, strapped with lace insertion. Puff sleeve on a lining with cuff made up of two rows of insertion, edged with lace frills. 29-inch muslin, 3½ yards. Belt of glacé, draped on bones.

Tucked Viyella Shirt.

No. 6176. Good sea-side model. A tucked **Page 14.** back and two tucked fronts (right front cut with stitched box pleat), arranged into a one-piece American yoke (tucks and pleat are wheelmarked on pattern). Added two-piece basque. Elbow sleeve, gathered on a smaller lining, tucked to look like box-pleats (tucks wheelmarked on pattern). Stitched and stiffened cuff. Lower sleeve of broderie anglaise. Turnover stitched collar of Viyella. Broderie vest and draped band collar. 31-inch Viyella, 4 yards.

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Smart Linen Shirt.

No. 6177. Front yoke and front panel are cut **Page 14.** in one. This and back yoke are embroidered in spots with red flax threads. Front panel is cut in slots through which the red silk tie is passed. There is a back and two fronts and an added basque. The band collar holds the detachable collar and the stock. Large sleeve with embroidered cuff. 36-inch linen 3½ yards. For patterns of linen send to Robinson and Cleaver, Belfast.

Cross-over Muslin Blouse.

No. 6178. A full back and two crossed fronts **Page 14.** of muslin, gathered on cords to fit shoulders. Lace insertion edges the fronts. Vest tucked to flat pattern, striped with insertion. Collar can match vest or be of the insertion. The large sleeve (gathered on cords at shoulder) is arranged into the lace striped cuff. 29-inch muslin, 4 yards.

White Mohair Frock for the Sea-side.

No. 6179. Two-piece umbrella skirt of the **Page 15.** linen, with stitched seam in front, worn over a five-gore foundation skirt. Skirt closes at back. Decorate with three loose, cross-cut bands. Smart tucked coat—a tucked back and two tucked fronts (tucks wheelmarked on pattern). Collar is faced with glacé, finished with a striped silk tie. One-piece sleeve on a smaller lining tucked into the shoulder (tucks wheelmarked) with buttoned, stiffened cuff. Carved bone buttons. 42-46 inch mohair, 7 yards. For lovely mohairs, send to Best's Drees Goods Co., Bradford.

A Seaside Gown of Fine Blue Linen.

No. 6180. Full umbrella skirt made up of **Page 15.** seamed breadths, decked with Vandykes made of bias bands of striped blue-and-white cotton, held with gilt buttons. Cut a bodice lining with back, four sides, three-piece front, to close on left of centre panel. Tack, fit, seam, leaving side and shoulder seams. Drape with a vest of white lace, with a back and two full fronts of the blue linen. Finish seams. A bias band of the cotton edges right front, with added square straps held by buttons. Band collar of lace. Glacé belt supported on bones. Puff sleeve of the linen on a lining, with cuff strapped with cotton. 36-inch material, 12 yards. For patterns of linen, send to Robinson and Cleaver, Belfast.

Seaside Gown of Green Sicilienne Alpaca.

No. 6181. Seven-gore skirt pleated into the **Page 15.** waist, made quite apart from the five-gore foundation skirt. The edge is tucked to flat pattern in groups. The bolero coat—back and two fronts—is of alpaca, decorated with straps and buttons, the revers faced with the green fabric. Added waistcoat fronts of white satin. Double collar, one of the green, the other of the white material. Puff sleeve on a smaller lining, decorated with straps and buttons. Lace frill. 42-46-inch material, 7 yards.

Boy's Linen Tunic Suit.

No. 6187. A pleated tunic back and two double- **Page 17.** breasted pleated fronts (pleats wheelmarked on pattern). Face fronts with the linen. Pearl buttons. Button-holes are made in left front. Belt of linen or leather. Wide collar trimmed with insertion and edging of broderie anglaise. One-piece sleeve arranged into a cuff faced with broderie. Tunic can be lined with batiste to give firmness. Two-piece knickers of linen open at the sides and buttoned on to the stays. 36-inch material for a boy of four years, 3 yards. For patterns of linens send to Lutas Leathley, Summer Department 40, Armley, Leeds.

Girl's Smart Frock of Mercerised Lawn.

No. 6188. Of tunic type (skirt and blouse in **Page 17.** one), a tucked and box-pleated back, and two tucked and box-pleated fronts (right back cut with tucked central pleat). Pleats and tucks are wheelmarked on pattern. Decorate side box pleats of fronts with bands of embroidered lawn. Dress buttons on the left with buttonholes made in a band sewn beneath front box pleat. A loose sash of silk replaces a belt. One-piece lawn sleeve on a lawn lining drawn into a band of broderie edged with a broderie frill. Large collar, the central part faced with broderie. For a girl of eight, 44-inch lawn, 3 yards; 20-inch embroidered lawn, 1½ yards.

Girl's Bathing Dress.

No. 6189. The pattern is cut for a girl of eight **Page 17.** to ten years. It is in five pieces—half the knickers, half the blouse (one front and half the back cut in one), one sleeve, half the belt,

half the collar, one knee band. Lay the pattern pieces on 2½ yards of 48-inch blue serge, which is opened out to the full width, and is double, so that knickers and sleeve are each cut in duplicate. Spaces should be marked out on the single material for the left half of blouse and half the band. The knickers are seamed at back and button up the front, the legs being drawn into the doubled knee band. The top is gathered, according to notches, into the lined belt, which holds the 3-piece blouse. Seam the one-piece blouse on the shoulders, and stitch the front edges. Make buttonholes down the lined edge of the right front, and sew buttons down the left front's hem. Gather the edge into the lined belt, which can be braided like the one-piece collar. Collar and belt could be of white serge or linen. Seam and braid the sleeve, and sew it into the armhole of the blouse. All the seams throughout should be bound with sarcenet to avoid chafing, and a soft, fine make of serge should be obtained.

Boy's Sea-Side Suit.

No. 6190. Two-piece knickers of blue serge, **Page 17.** buttoning in front over a fly flap. Only seat and top are lined. Knickers button on to stays. One-piece blouse of white Viyella—back and fronts cut in one (right front cut with box pleat). Lower edge is drawn up with an elastic or tape runner. One-piece collar. One-piece sleeve with doubled wristband. For a boy of five, 42-inch serge, ¾ yard; 31-inch Viyella, 3 yards.

Girl's Viyella Sea-Side Frock.

No. 6191. A pleated back and two fronts, the **Page 17.** lower edge tucked to flat pattern. Dress buttons in front, in the box pleat which is held down to the waist. Soft silk sash tying at back. Feather-stitched collar of Viyella. Ribbon tie. One-piece sleeve gathered into a feathered-stitched cuff. For a girl of six, 31-inch Viyella, 6 yards.

Girl's Blouse and Pleated Skirt.

No. 6192. A pleated serge skirt (pleats wheel- **Page 17.** marked on pattern), in three gores. One-piece linen blouse—back and fronts cut in one, fastening in front beneath the buttoned straps which cross the vest of linen. One piece collar edged with broderie and beading. One-piece sleeve with cuff of broderie arranged on the wristband. 42-inch serge for a girl of seven, 2 yards; 72-inch linen, 1½ yards.

Seaside Gown of Serge or Linen.

No. 6193. Two-piece umbrella skirt, closing at **Page 18.** back. The fronts lap, right front scalloped and held down with buttons. Line with linenette. Cut a bodice lining, back, four sides, a three-piece front, to hook on left of centre panel. Tack, fit, seam, leaving only the side and shoulder seams. Cover front panel with broderie anglaise. Veil the rest with back and two pleated fronts of the serge (pleats wheelmarked on pattern). Finish the seams. Band collar of broderie, closing at back. Large collar of embroidered lawn, edged with lawn frill. One-piece sleeve of the serge on a smaller lining, with cuff of the embroidered lawn, edged with lawn frill. 48-inch serge, 6½ yards. For patterns send to Lutas Leathley, Summer Department, 40, Armley, Leeds.

A Charming Muslin Blouse and Pleated Serge Skirt.

No. 6194. Three-piece skirt of white serge. **Page 19.** Tablier arranged to form a box pleat. Wear over a separate foundation skirt. Muslin blouse is worn over a slip of white glacé buttoning at back. Blouse has a front and two backs, gauged on the lower edge of a yoke which is covered with Valenciennes insertion and edging joined by faggot stitch. The collar is of the Valenciennes, made up to pattern. The puff sleeve is mounted on a muslin lining; it is arranged into a cuff covered with lace like the yoke. 48 inch serge, 4 yards; 29-inch muslin 4 yards. For white serges and dainty muslins send to Messrs. Nicholson's, St. Paul's Churchyard, E.C.

Frock of Chequered Cotton.

No. 6195. Two-piece umbrella skirt of the **Page 19.** plaid (cut on cross front and back, stripes meeting in V points), worn over a five-gore foundation skirt. Skirt closes at back. Pocket in the opening, or in foundation skirt. Tuck to flat pattern, and edge each tuck with a Valenciennes frill. Cut a bodice lining with back, four sides, three-piece front, to close on left of centre panel. Tack, fit, seam, leaving side and shoulder seams. Drape with a vest of white embroidered lawn (with band collar hooking at back), with a back and two fronts of the cotton. Finish seams. Tucked cotton fichu (tucks wheelmarked on pattern) edged Valen-

ciennes. Velvet buttons and bow. Velvet belt supported on bones. Puff sleeve of the cotton on a lining, with frills of lace held by a broderie cuff. 29-inch material 7 yards. For patterns send to Messrs. Nicholson's, St. Paul's Churchyard, E.C.

Charming Muslin Frock.

No. 6198. Seven-gore skirt of 29-inch muslin, **Page 19.** gathered into the waist. Where not wide enough corners are seamed on at the selvages, design meeting. It is trimmed with a broad cross-cut frill, edged with a narrow cross-cut frill. Wear over a foundation skirt. Cut a bodice lining with back, four sides, three-piece front. Veil front with lace. Veil the rest with a full back and two full crossed fronts gathered on shoulders. Lace band collar. Edge fronts and turn-over velvet collar with valenciennes. Puff sleeve on a smaller lining, strapped with velvet ribbon. 29-inch figured muslin, 13 yards. For patterns of charming muslins send Messrs. Nicholson's, St. Paul's Churchyard, E.C.

Strapped Corselet Skirt and Bolero.

No. 6197. The fitted corselet (nine pieces, **Page 22.** front cut with tablier) is lined, and is boned up the seams. Into this is pleated in groups a skirt (pleats wheelmarked on pattern). Good style for any of the plain summer woollen materials. Wear over a five-gore foundation skirt, edged with a pleating. Smart bolero—back and two fronts of the plain material, handsomely strapped with the material. Face the large collar with white glacé, on which falls an écru lace collar. One-piece long sleeve, strapped like the bolero. 48-inch material, 8 yards.

Pretty Gown of Cotton Voile and Coarse Lace.

No. 6198. A full five-gore skirt is worn over a **Page 22.** five-gore foundation skirt. It is trimmed with lace insertion and broad added bias bands, left loose from the skirt like a flounce. The full blouse is of voile, tucked on shoulders (tucks wheelmarked), trimmed with lace. Vest of tucked voile (tucked to flat pattern). Band collar of the lace. The puff sleeve, arranged on a lining, is trimmed with lace insertion. High belt of glacé, mounted on bones. 29-inch material, 16 yards. For cotton voile send to Christopher Williamson, Fabrics Department, 91, Edgware Road, W.

A Charming Style for Cotton Voile or Muslin.

No. 6199. Seven-gore skirt of muslin, gathered **Page 22.** into the waist. Where not wide enough, corners are seamed on at the selvages, design meeting. It can be untrimmed or have three small flounces at the foot, of the muslin or of



Nos. 6215 and 6216. MOTOR VEILS.
For Description see Pages 30 to 34.

Valenciennes lace. Wear over a white foundation skirt. The blouse is worn over a glacé underslip. Blouse has a full front and two full backs, arranged into a lace yoke, which is cut in piece Irish lace. Blouse buttons at back. Fichu of the muslin, edged with Valenciennes. Lace band collar. Puff sleeve gathered on a smaller lining, edged with Valenciennes lace frills. 29-inch figured muslin, 13 yards. For patterns send to Lutas Leathley, Summer Department 40, Armley, Leeds.

Corselet Skirt and Bolero.

No. 6200. Beautiful model for fine white serge. **Page 22.** The pattern of skirt is in five pieces: half the back (cut with inverted box-pleat, wheel-marked upon it), three sides, half the front. The seams are lapped, and develop into pleats below knees. The skirt should be lined only so far as the hip (where the bones are), and should be worn over a smart foundation skirt. For patterns of fine serge for this handsome model send to Best's Dress Goods Co., Bradford. The skirt is quite untrimmed. Lay the pattern on 6 yards 54-inch serge. Part of the bolero coat (all but the sleeves) could come out of the waste. The material is folded in half (selvages meeting), the front centre of front pattern laid along the fold, so that front is cut in one piece, the other pieces being cut in duplicate. The half-breadth not being wide enough for the back, added corners must be seamed on at selvages. Line the corselet part. Tack together the nine gores according to notches, arrange the pleats, try on. Stitch and press the seams. Pipe the top of the corselet. Bone with great care. The skirt closes with De Long hooks and bars. Put on the false hem, felling it invisibly, or sewing with one or two rows of close stitching. The bolero has a back and two fronts. Edge coat with shaped straps of the serge. Metal buttons. Line with silk. One-piece sleeve on a smaller lining with stiffened strap cuff. Allow 1½ yards extra for the bolero.

Elegant Coat and Skirt.

No. 6201. Beautiful style for Sicilienne **Page 23.** alpaca. Three-piece umbrella skirt, with stitched front seams and inverted box pleat at back. Trim with broad added tucks (cross cut bands). Wear over a five-gore foundation skirt. The elegant short coat of the skirt material has a back, four sides, two two-piece fronts, front and back seams lapped. Front centres simulate a collar. Added collar (held down with buttons) at back. Stitch and press the seams after fitting. Interline fronts with lino and face with the material. Stitch the edge. Coat closes with hooks and eyes. Line with silk or polonaise, cut on coat pattern, but seamed apart, the edges slipstitched to stitched coat edges and front facings. Collar of Sicilienne alpaca, faced with coloured velvet. Two-piece sleeve, on a lining, with stiffened cuff, faced with

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slipstitched velvet. Metal buttons. 54-inch material, 8 yards. Gown looks lovely in mauve alpaca. For patterns send to Best's Dress Goods Co., Bradford.

Corselet Skirt and Bolero of Bengaline.

No. 6202. The fitted corselet (nine pieces, **Page 23.** front cut with tablier) is lined, and is boned up the seams. Into this is pleated a skirt, which is trimmed with galon. Good style for any of the plain summer woollen materials. Wear over a five-gore foundation skirt, edged with a pleating. Smart bolero—back and two two-piece fronts of the material. Front seams are lapped. Added waistcoat fronts, covered with galon, which shows also round neck. Steel buttons. One-piece short sleeve on a small lining, with stiffened cuff. Sleeve frills match the front. 22-inch material, 16 yards. For patterns of bengaline send to the Holborn Silk Market, Holborn Bars, E.C.

Summer Gown of Muslin or Cotton Voile.

No. 6203. A full five-gore skirt, trimmed with **Page 23.** a band of broderie Anglaise and added tucks. Wear over a five-gore foundation skirt. The full blouse is of the voile—back, two full fronts, a full vest, decorated with insertion and edging of broderie. Band collar of the voile, tucked to flat pattern and trimmed with broderie. The puff sleeve, arranged on a lining, is strapped with insertion. 29-in. material, 16 yards. For dainty cotton voile, send to Nicholson's, St. Paul's Churchyard, E.C.

Charming Coat and Skirt for Linen.

No. 6204. Three piece **Page 23.** umbrella skirt, trimmed with bias bands of fancy cotton on which the skirt is lapped with narrow tucks. Wear over a five-gore foundation skirt. The elegant bolero coat of the skirt material has a back, two fronts, fronts and back lapped with small tucks over bands of the figured cotton. Stitch and press the seams after fitting. Interline fronts with lino and face with the material. Stitch the edge. Coat closes with metal buttons and braid loops. Collar of white linen, decorated with lace motifs. Two-piece original sleeve, draped on a lining. Metal buttons. Yard wide material 8 yards. For handsome linens send to Messrs. Robinson and Cleaver, Belfast.

Blouse of Irish Crochet.

No. 6205. Blouse is worn over a slip of white **Page 25.** glacé, buttoning at back. Blouse has a front and two backs of Irish crochet lace, strapped with stitched glacé, edged with Valenciennes. The collar is of glacé. The puff sleeve is mounted on a lining of Brussels net. It is finished with a stitched glacé cuff, edged with Valenciennes. 21-inch glacé, 2 yards; 18-inch piece lace, 5 yards. Collar is also edged with lace. Steel buttons. For piece lace and glacé send to the Holborn Silk Market, Holborn Bars, E.C.

Smart Voile Gown.

No. 6206. The five-gore voile skirt, tucked to **Page 25.** fit waist (tucks wheelmarked), has the edge tucked to flat pattern. Wear over a five-gore foundation skirt. Cut, in silk, a bodice lining with double right front, to close to left lining front down centre, then cross to close under left arm. Tack, fit, seam, bone, leaving only side and shoulder seams. Drape with a tucked double front and tucked back, tucks arranged on flat pattern, or replaced by small cross-cut frills. Yoke of voile, tucked to flat pattern, trimmed with Valenciennes insertion and edging. Finish seams. Draped sleeve on a smaller lining, covered with small frills or tucked to flat pattern. Draped lace puff at elbow and lace frills. 42-46-inch material, 8 yards. For patterns of voile send to Best's Dress Goods Co., Bradford.

A Crossed Blouse of Ninon.

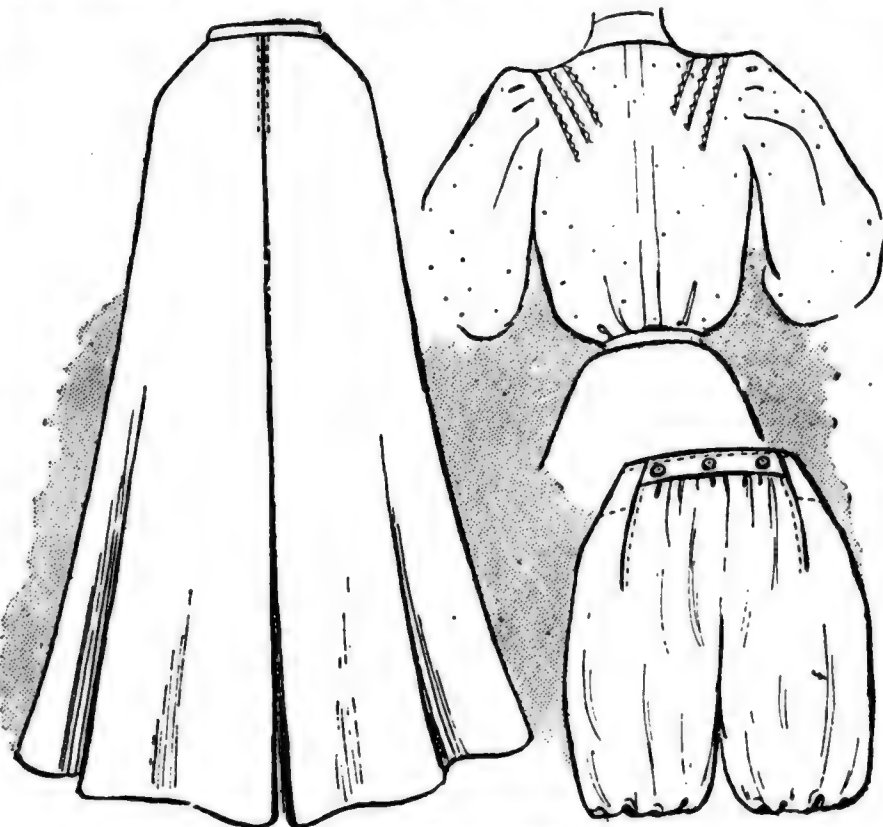
No. 6207. A back and two crossed fronts, **Page 25.** with fine lace vest. Fichu of the ninon, edged lace. Rows of lace insertion make the band collar. Belt of glacé, supported on bones. Elbow sleeve arranged on a smaller lining, edged with two lace frills. 45-inch ninon, 2 yards.

Charming Blouse of Crêpe de Chine.

No. 6208. The double-breasted right front, **Page 25.** the back, and the small left front are arranged into a lace yoke edged double straps of glacé, one of which descends to support the double right front. Lace coquillé. Rich enamel buttons. Lace band collar. The sleeve is draped on a lining with strap cuffs of the same type as the yoke, edged by lace frills. Double-width crêpe, 3 yards. For crêpe and glacé patterns send to the Holborn Silk Market, Holborn Bars, E.C.

A Tucked Serge Skirt.

No. 6212. Five-gore skirt of serge, tucked to **Page 30.** fit the waist (tucks wheelmarked on pattern), the edge simply hemmed. Trim with shaped straps of the serge, of white linen, or of white braid. Wear over a five-gore foundation skirt, edged with corded shaped flounce (pattern in one piece, half the flounce). 42-inch material 4½ yards. For patterns of serge, send to Lutas



BACK VIEWS OF THE FREE PATTERNS.

Leathly, Summer Department 40, Armley, Leeds. Skirt can be lined, the tucks replaced by seamed darts at waist.

Nine Gore Alpaca Skirt.

No. 6213. The pattern is in five pieces—half **Page 30** the front, one back, three sides. The skirt cuts more economically out of plain linen or serge, or any material which has no distinct up-and-down to interfere with reversing the breadths. Lay the pattern pieces on 9 yards of 36-inch material, which is folded (selvedges meeting), the front centre of front pattern being laid along the fold, so that it is cut in a single piece, the back and sides being cut in duplicate. The lap of lapped seams is wheelmarked on the pattern. Tack together backs, sides and front according to the notches. Stitch and press the seams, leaving free 10in. of the left tablier seam for an opening. Hem and stitch the lower edge. The top edge is bound, and the opening is finished with felled and stitched straps of silk. It can close with buttons or with glove stud skirt tapes. The pocket is inserted in this opening. The skirt should be lined. For nice alpaca, send to Lutas Leathley, Summer Department 40, Armley, Leeds.

The American Travelling Skirt.

No. 6214. 2-piece short skirt of Pirle-finished **Page 30.** coating, finished with a shaped flounce. Line throughout. Stitch front and back seams. Stitch the whole of the flounce and strengthen with stitched straps. A pocket (with buttoned flap, for money, &c.) is stitched on skirt on right side. 52-inch coating, 4½ yards.

A Motoring Veil.

No. 6215. A strip of gauze from 18-22 inches **Page 33.** wide and two yards long. This is passed over the hat or motor cap. The top can be held by a pin to the crown. The ends are tied under the chin and passed round neck. The artist has depicted the veil as pinned too far back. The nearer it reaches the front, the more secure is the hat.

Another Motor Veil.

No. 6216. This is of very transparent gauze, **Page 33.** secured to the hat and supplied with a runner to draw the veil in at the neck. It covers the face and encircles the whole head.

IN A GLASS DARKLY.

(Concluded from page 8.)

For days her anxious eyes scanned the daily papers, fearing, and at the same time, hoping to see the re-capture of the escaped convict. The events of the past week had stunned her till she was almost past caring for anything; life stretched before her in all the horror of eternal loneliness, for Montague Blundell had gone out of her life for ever. And her heart leaped up and then fell back, leaving her sick and cold, as she came one day upon the brief paragraph recording the fact that Philip Ward, the man who had successfully eluded capture for many days, had been at last re-caught as he was on the point of leaving England in a French fishing boat. That was all. But a weight seemed to be lifted from her heart at the news.

So time passed with lagging feet, bringing no ray of hope to the lonely woman at the Manor House, and abroad, far afield in savage countries, Montague Blundell sought for the power to forget, and found it not.

The March morning had dawned wild and blustery, with a sweep of rain from the distant moors, and the wind was shrieking through the fir groves and round the silent house, when a letter was brought to Rachel Ward as she sat listlessly at her sewing. Her eyes were tired and heavy, black circles spoke eloquently of sleepless nights, and she tore open the envelope with indifferent fingers, feeling that life had for her been robbed of all its interest. But as she began to read her lips blanched, and she caught at the table before her with sudden terror. The letter was dated from His Majesty's Prison, Princetown.

"Dear Madam,—It is my painful duty to inform you that Convict No. 397, Philip Ward, died this morning from an attack of pleurisy, contracted while working in a mist on the moor. I was with him to the end, which was quite peaceful. He desired your forgiveness for the pain he had caused you, and died confessing his guilt, and the justice of his punishment. It must and will be some small consolation to you, dear madam, to feel that the mercies of God are infinite. Pray apply to me if there is anything I can do for you.—Yours faithfully,

"CHARLES SANHOPE (Chaplain)."

The letter fell from her nerveless fingers; the room rocked beneath her feet, and for a long time she sat with her face hidden in her hands, scarcely realising the full force of these tidings.

She thought with a shudder of that grim prison, with the wild winds and storm sweeping over it, and the dishonoured grave in which the mortal remains of the forger must rest. But despite it all a great peace was enfolding her, and when at length her fortitude gave way in a burst of agonising weeping, they were tears of thankfulness rather than of the sorrow of mourning.

Not yet could she take the gift; but some day her own heart told her that Montague Blundell would come back.

And with the first blush of June, when the roses were thick in the gardens, and nightingales sang all night in the shrubberies, he came. The tangled web of destiny was straightened out at last for them both.

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51, 53, 55, 57, 59, 61, 63, 65, 67, 69, 71, 73, 75, 77, 79, 81, 83, 85, 87, 89, 91, 93, 95, 97, 99, 101, 103, 105, 107, 109, 111, 113, 115, 117, 119, 121, 123, 125, 127, 129, 131, 133, 135, 137, 139, 141, 143, 145, 147, 149, 151, 153, 155, 157, 159, 161, 163, 165, 167, 169, 171, 173, 175, 177, 179, 181, 183, 185, 187, 189, 191, 193, 195, 197, 199, 201, 203, 205, 207, 209, 211, 213, 215, 217, 219, 221, 223, 225, 227, 229, 231, 233, 235, 237, 239, 241, 243, 245, 247, 249, 251, 253, 255, 257, 259, 261, 263, 265, 267, 269, 271, 273, 275, 277, 279, 281, 283, 285, 287, 289, 291, 293, 295, 297, 299, 301, 303, 305, 307, 309, 311, 313, 315, 317, 319, 321, 323, 325, 327, 329, 331, 333, 335, 337, 339, 341, 343, 345, 347, 349, 351, 353, 355, 357, 359, 361, 363, 365, 367, 369, 371, 373, 375, 377, 379, 381, 383, 385, 387, 389, 391, 393, 395, 397, 399, 401, 403, 405, 407, 409, 411, 413, 415, 417, 419, 421, 423, 425, 427, 429, 431, 433, 435, 437, 439, 441, 443, 445, 447, 449, 451, 453, 455, 457, 459, 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slipstitched velvet. Metal buttons. 54-inch material, 8 yards. Gown looks lovely in mauve alpaca. For patterns send to Best's Dress Goods Co., Bradford.

Corselet Skirt and Bolero of Bengaline.

No. 6202. The fitted corselet (nine pieces, **Page 23.** front cut with tablier) is lined, and is boned up the seams. Into this is pleated a skirt, which is trimmed with galon. Good style for any of the plain summer woollen materials. Wear over a five-gore foundation skirt, edged with a pleating. Smart bolero—back and two two-piece fronts of the material. Front seams are lapped. Added waistcoat fronts, covered with galon, which shows also round neck. Steel buttons. One-piece short sleeve on a small lining, with stiffened cuff. Sleeve frills match the front. 22-inch material, 16 yards. For patterns of bengaline send to the Holborn Silk Market, Holborn Bars, E.C.

Summer Gown of Muslin or Cotton Voile.

No. 6203. A full five-gore skirt, trimmed with **Page 23.** a band of broderie Anglaise and added tucks. Wear over a five-gore foundation skirt. The full blouse is of the voile—back, two full fronts, a full vest, decorated with insertion and edging of broderie. Band collar of the voile, tucked to flat pattern and trimmed with broderie. The puff sleeve, arranged on a lining, is strapped with insertion. 29-in. material, 16 yards. For dainty cotton voile, send to Nicholson's, St. Paul's Churchyard, E.C.

Charming Coat and Skirt for Linen.

No. 6204. Three piece **Page 23.** umbrella skirt, trimmed with bias bands of fancy cotton on which the skirt is lapped with narrow tucks. Wear over a five-gore foundation skirt. The elegant bolero coat of the skirt material has a back, two fronts, fronts and back lapped with small tucks over bands of the figured cotton. Stitch and press the seams after fitting. Interline fronts with lino and face with the material. Stitch the edge. Coat closes with metal buttons and braid loops. Collar of white linen, decorated with lace motifs. Two-piece original sleeves, draped on a lining. Metal buttons. Yard wide material 8 yards. For handsome linens send to Messrs. Robinson and Cleaver, Belfast.

Blouse of Irish Crochet.

No. 6205. Blouse is worn over a slip of white **Page 25.** glacé, buttoning at back. Blouse has a front and two backs of Irish crochet lace, strapped with stitched glacé, edged with Valenciennes. The collar is of glacé. The puff sleeve is mounted on a lining of Brussels net. It is finished with a stitched glacé cuff, edged with Valenciennes. 21-inch glacé, 2 yards; 18-inch piece lace, 5 yards. Collar is also edged with lace. Steel buttons. For piece lace and glacé send to the Holborn Silk Market, Holborn Bars, E.C.

Smart Voile Gown.

No. 6206. The five-gore voile skirt, tucked to **Page 25.** fit waist (tucks wheelmarked), has the edge tucked to flat pattern. Wear over a five-gore foundation skirt. Cut, in silk, a bodice lining with double right front, to close to left lining front down centre, then cross to close under left arm. Tack, fit, seam, bone, leaving only side and shoulder seams. Drape with a tucked double front and tucked back, tucks arranged on flat pattern, or replaced by small cross-cut frills. Yoke of voile, tucked to flat pattern, trimmed with Valenciennes insertion and edging. Finish seams. Draped sleeve on a smaller lining, covered with small frills or tucked to flat pattern. Draped lace puff at elbow and lace frills. 42-46-inch material, 8 yards. For patterns of voile send to Best's Dress Goods Co., Bradford.

A Crossed Blouse of Ninon.

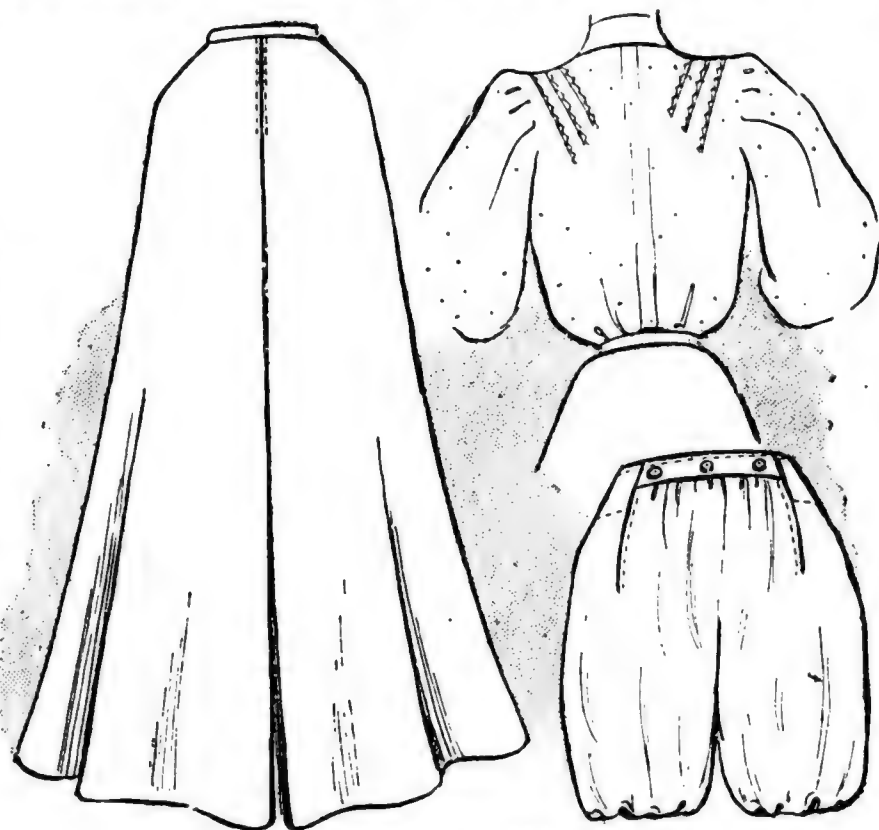
No. 6207. A back and two crossed fronts, **Page 25.** with fine lace vest. Fichu of the ninon, edged lace. Rows of lace insertion make the band collar. Belt of glacé, supported on bones. Elbow sleeve arranged on a smaller lining, edged with two lace frills. 45-inch ninon, 2 yards.

Charming Blouse of Crêpe de Chine.

No. 6208. The double-breasted right front, **Page 25.** the back, and the small left front are arranged into a lace yoke edged double straps of glacé, one of which descends to support the double right front. Lace coquillé. Rich enamel buttons. Lace band collar. The sleeve is draped on a lining with strap cuffs of the same type as the yoke, edged by lace frills. Double-width crêpe, 3 yards. For crêpe and glacé patterns send to the Holborn Silk Market, Holborn Bars, E.C.

A Tucked Serge Skirt.

No. 6212. Five-gore skirt of serge, tucked to **Page 30.** fit the waist (tucks wheelmarked on pattern), the edge simply hemmed. Trim with shaped straps of the serge, of white linen, or of white braid. Wear over a five-gore foundation skirt, edged with corded shaped flounce (pattern in one piece, half the flounce). 42-inch material 4½ yards. For patterns of serge, send to Lutas



BACK VIEWS OF THE FREE PATTERNS.

Leathly, Summer Department 40, Armley, Leeds. Skirt can be lined, the tucks replaced by seamed darts at waist.

Nine Gore Alpaca Skirt.

No. 6213. The pattern is in five pieces—half **Page 30** the front, one back, three sides. The skirt cuts more economically out of plain linen or serge, or any material which has no distinct up-and-down to interfere with reversing the breadths. Lay the pattern pieces on 9 yards of 36-inch material, which is folded (selvedges meeting), the front centre of front pattern being laid along the fold, so that it is cut in a single piece, the back and sides being cut in duplicate. The lap of lapped seams is wheelmarked on the pattern. Tack together backs, sides and front according to the notches. Stitch and press the seams, leaving free 10in. of the left tablier seam for an opening. Hem and stitch the lower edge. The top edge is bound, and the opening is finished with felled and stitched straps of silk. It can close with buttons or with glove stud skirt tapes. The pocket is inserted in this opening. The skirt should be lined. For nice alpaca, send to Lutas Leathly, Summer Department 40, Armley, Leeds.

The American Travelling Skirt.

No. 6214. 2-piece short skirt of Pirlé-finished **Page 30.** coating, finished with a shaped flounce. Line throughout. Stitch front and back seams. Stitch the whole of the flounce and strengthen with stitched straps. A pocket (with buttoned flap, for money, &c.) is stitched on skirt on right side. 52-inch coating, 4½ yards.

A Motoring Veil.

No. 6215. A strip of gauze from 18-22 inches **Page 33.** wide and two yards long. This is passed over the hat or motor cap. The top can be held by a pin to the crown. The ends are tied under the chin and passed round neck. The artist has depicted the veil as pinned too far back. The nearer it reaches the front, the more secure is the hat.

Another Motor Veil.

No. 6216. This is of very transparent gauze, **Page 33.** secured to the hat and supplied with a runner to draw the veil in at the neck. It covers the face and encircles the whole head.

IN A GLASS DARKLY.

(Concluded from page 8.)

For days her anxious eyes scanned the daily papers, fearing, and at the same time, hoping to see the re-capture of the escaped convict. The events of the past week had stunned her till she was almost past caring for anything; life stretched before her in all the horror of eternal loneliness, for Montague Blundell had gone out of her life for ever. And her heart leaped up and then fell back, leaving her sick and cold, as she came one day upon the brief paragraph recording the fact that Philip Ward, the man who had successfully eluded capture for many days, had been at last re-caught as he was on the point of leaving England in a French fishing boat. That was all. But a weight seemed to be lifted from her heart at the news.

So time passed with lagging feet, bringing no ray of hope to the lonely woman at the Manor House, and abroad, far afield in savage countries, Montague Blundell sought for the power to forget, and found it not.

The March morning had dawned wild and blustery, with a sweep of rain from the distant moors, and the wind was shrieking through the fir groves and round the silent house, when a letter was brought to Rachel Ward as she sat listlessly at her sewing. Her eyes were tired and heavy, black circles spoke eloquently of sleepless nights, and she tore open the envelope with indifferent fingers, feeling that life had for her been robbed of all its interest. But as she began to read her lips blanched, and she caught at the table before her with sudden terror. The letter was dated from His Majesty's Prison, Princetown.

"Dear Madam,—It is my painful duty to inform you that Convict No. 397, Philip Ward, died this morning from an attack of pleurisy, contracted while working in a mist on the moor. I was with him to the end, which was quite peaceful. He desired your forgiveness for the pain he had caused you, and died confessing his guilt, and the justice of his punishment. It must and will be some small consolation to you, dear madam, to feel that the mercies of God are infinite. Pray apply to me if there is anything I can do for you.—Yours faithfully,

"CHARLES SANHOPE (Chaplain)."

The letter fell from her nerveless fingers; the room rocked beneath her feet, and for a long time she sat with her face hidden in her hands, scarcely realising the full force of these tidings.

She thought with a shudder of that grim prison, with the wild winds and storm sweeping over it, and the dishonoured grave in which the mortal remains of the forger must rest. But despite it all a great peace was enfolding her, and when at length her fortitude gave way in a burst of agonising weeping, they were tears of thankfulness rather than of the sorrow of mourning.

Not yet could she take the gift; but some day her own heart told her that Montague Blundell would come back.

And with the first blush of June, when the roses were thick in the gardens, and nightingales sang all night in the shrubberies, he came. The tangled web of destiny was straightened out at last for them both.

"My sisters . . . have recommended me to try your patterns as being so thoroughly satisfactory in every respect."—A. M. R.

WHAT ABOUT YOUR SUMMER DRESS?

Purchase Your Materials Direct at First Cost.

WARMER weather calls for lighter and more seasonable garments. You should see the dainty Fabrics we have got in for Summer—our warehouse is full of them.

Cotton Blouse Materials from 3^d. per yard. Muslins, Zephyrs, Cambric, Prints, Lawns, Delaines, Voile, &c., for Blouses. Dress Fabrics in every conceivable style.

Everything fresh and distinctive. Greys and Blacks a speciality. We would urge you to send for Patterns. You can look over them at leisure in your own home. You can ask the opinion of a friend before purchasing—an important advantage over shop buying. There are over 100 varieties. We will send them on approval and Post Free. WRITE TO-NIGHT. Handsome Free Gifts with Orders.

Lutas Leathley & Co.
SHARP & CO. ARMLEY, LEEDS

ALL ORDERS ARE SENT BY CARRIAGE PAID.



Have you had a
Free Copy
of the

"Silk Book"?

and patterns of
"JAP-A-RIC" Silk?

A leading authority of fashion has written a book about Japanese Silk.

It is a most interesting book, giving a lot of hints and particulars that probably you have never heard before.

It also describes

"JAP-A-RIC"

The silk that is **SILK**
Guaranteed

"Jap-a-Ric" Silk is guaranteed in this way. If you are not quite satisfied with it after purchase the draper returns your money. We guarantee the draper—he guarantees you.

"Jap-a-Ric" Silk is pure, unweighted Japanese Silk, even in texture and strong in wear. It is made in a large variety of shades and colours and in all widths. The name "Jap-a-Ric" is stamped on the selvedge of every yard.

Ask your draper for "Jap-a-Ric" Silk. If you will write us, mentioning the name and address of your draper, we will send you a copy of the "Silk Book" together with patterns of "Jap-a-Ric" Silk.

T. Rickard & Co.

(Dept. 22)

20 Cheapside, London, E.C.

The "R.S." Patent Reducing CORSET.

With Extra Strong Elastic Belt.

Improves every figure, at once reduces corpulency and prevents high figure, affords strong binding support without pressure. Instantly adjusted.

BLACK, WHITE, OR DOYE,
Real 10/6 Whalebone.

Sizes stocked, 19 to 26 inches; over 26-inch waist, 4d. per inch extra. We fit any figure, should stock sizes not fit, we exchange making a pair with any alterations, 1/6 extra. Sent post free to ladies upon receipt of waist size and P.O. Colonial Orders, 1/6 extra.

R. SCALES & CO.,
Corset Specialists,
NEWARK-ON-TRENT, ENGLAND.



DESIGNS for POKER WORK

by the well-known Artist, **GEORGE C. HAITE.**

THIRTEEN BEAUTIFUL DESIGNS,
INCLUDING

Piano Front, Panels for Screens, Panels for Doors, Table Top, Photo Frames, Bellows, Mirror and Picture Frames, Stool Top, Border.

SENT POST FREE FOR FIVE SHILLINGS.

PUBLISHER, 10 & 11, FETTER LANE,
LONDON, E.C.

A NEW AND ECONOMICAL CULINARY HANDBOOK

IS THE

'Ideal' Cookery Book.

BY MISS LILIAN CLARKE.

It contains over 200 carefully tested recipes for SAVOURIES, PASTRY, CUSTARDS, PUDDINGS, BLANC MANGES, CAKES, BON BONS, BISCUITS and BEVERAGES.

A Reliable Guide to Home Cooking...
The Best, Cheapest, and most Practical.

PRICE 6d. Post free, 7 stamps.

BEEETON & CO., LTD., 10 & 11, Fetter Lane, London, E.C.

HAIR DESTROYER.

JAMES'S DEPILATORY instantly REMOVES SUPERFLUOUS HAIRS from the Face, Neck, or Arms, without injury to the Skin. Of all Chemists, or sent with directions for use, free from observation, on receipt of postal order for 1/3, 2/3, and 2/9.

Mrs. C. JAMES, 253, Caledonian Road, London, N.

"WINCELLA" REGD. X

Queen of Winceys. Is an improved Scotch Winsey. Won't Shrink or Flame. Ideal for Blouses, Babies' Frocks, Underclothing, Gent's Shirts, Pyjamas. In Cream, all colours, Stripes, Checks, Spots, 2/- to 2/6 per yard. Also Blankets and Hosiery, soft and silky, purest wool, practically unshrinkable. Made on "Ye Banks and Braes o' Bonnie Doon."

Send for Patterns and Price List. Mention "Myra's Journal," who recommend—MACARTHUR, Ayr, N.B.

A REPUTATION BARGAIN.

2/-
PER
PAIR.



3
PAIRS:
5/9

Only 80 dozen.

On Receipt of P.O. 2/- and carriage 2d. we will send a pair of these Dainty Ribbed

COMBINATIONS

They are highly mercerised, full fashioned, perfect shape, with a charming lace yoke, prettily finished with cream ribbon.

We have a big reputation for Bargains.

This advertised line, as usual, can be thoroughly depended on.

2/- PER PAIR

Post 2d.

OR

3 PAIRS 5/9

Post 4d.

F. GADSDEN & CO. (Dept. M),
Crouch End,
LONDON.

DESIGNS for FANCY DRESS

Edited and Arranged by Mrs. C. S. PEEL.

Contains over 120 Illustrations of Costumes for Ladies, Children and Gentlemen.

Price **TWO SHILLINGS.**

The best and cheapest Book of the kind.

To ensure early delivery Orders for Copies should now be sent to THE PUBLISHERS,
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LUXURIANT HAIR.

Long flowing Eyelashes, Eyebrows, &c., are QUICKLY PRODUCED by using JAMES'S HERBAL POMADE. It is invaluable for the production of Whiskers, Beard, and Moustachios; it causes the Hair to grow on Bald Places and Scanty Partings. Of all Chemists, or a box (with directions) sent, free from observation, on receipt of postal order for 1/3, 2/2, and 2/3.

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Home Dyes of Perfect Finish.

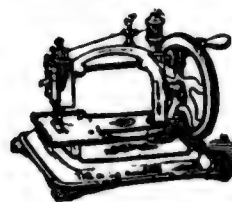
This is what you get in the new style. Maypole Soap Dyes, which have no equal and are vastly superior to the old-fashioned, messy powder dyes. Maypole Dyes not only give the most brilliant fast colours but you get a fineness of finish from them that no others give.

COLOURS, 4d.; BLACK, 6d.

Send for Free Booklet, "The Perfection of Home Dyeing."

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"UNA" SEWING MACHINE.



A full-size machine, not a toy. Suitable for all kinds of work. Fewers from muslin to stoutest cloth. With neat Oval Cover, 22/9 complete. As a guarantee of value, machine will be sent by payment of half cost, 9s., balance to be paid within one month.

Write for designs and work samples.

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When ordering Articles Advertised,
Please mention "Myra's Journal."

A BOON TO DRESSMAKERS.

The DRESSMAKERS' CHART,

with which you can cut a Perfectly Fitting Bodice, Corsets, or Coat in a few minutes. Post Free, 1s. 6d. With Instructions and Diagrams, 3s.

AGENTS AND TEACHERS WANTED.

Apply—M. DOBSON, Principal School of Dressmaking, 23, Park Way, Princes Avenue, Liverpool.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal,"
10, Fetter Lane, London, before the 1st of each month.

RULES.

1. A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.

2. It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.

3. No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.

4. Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, 10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, July, 1906.

DRESS AND MILLINERY.

TROUSSEAUX, LAYETTES, ALL UNDERLINEN, by hand or machine; dolls dressed; bathing dresses; ladies' shirts, blouses; knitting and crochet every description; smocked frocks; artists' and cooking aprons; children's overalls and pinafores; dainty bazaar articles; lovely chemise tops, pinafore yokes. m3612

Unmade champagne embroidered VOILE ROBE; this season's; two guineas. m3613

Fawn COAT (bolero) and SKIRT for disposal, good condition; cost 5 guineas, accept 37s. 6d.; approval; deposit; 35, 23, 41; also summer dresses and toques. m3611

PARCEL, 10s. 6d., containing handsome costume, 24, 40; blouses, underwear; no approval, too cheap. m3609

BOYS' ETON SUIT (age about 12), good condition; one term; best wear.

BLOUSE, 5s. and postage. Violet velvet and chine gauze; new; slight figure; pattern and photo sent; stamped envelope. m3607

MILLINER from Louise, Regent Street, remodels from 2s.; makes cheap, smart, millinery, blouses, gowns; all renovations, including furs, feathers.—Elise, 68, Great Russell Street.

MILLINERY LESSONS; personal instruction; prospectus free.—57, Upper Gloucester Place, Dorset Square, W.

Lovely brown voile and silk DRESS; waist 23, length 41; 15s. 6d.; also navy voile ditto, description, particulars, postage; handsome navy COSTUME, cost £5 5s., 25, 42, 18s. 6d.; others.—Miss Rella, 65, August Road, Tuebrook, near Liverpool.

NEEDLEWORK, DRESSMAKERS

Madame Léonie, PARISIENNE DRESS-MAKER, 48, Lancaster Road, W. Ladies' materials, trimmed blouses from 8s. 6d. Costumes 18s. 6d., evening gowns 21s. Fitting optional. Testimonials.

Joan, 91, Lamb's Conduit Street.—SHIRTS, BLOUSES, MENDING, UNDERWEAR, home or daily.

Needlework, dressmakers, &c.—PRACTICAL DRESSMAKER would be glad of work (renovations and repairs) at ladies' own houses or at home.—Address, Mrs. Davey, 51, Blatchington Road, Hove.

CORSETS made to measure; ladies' patterns copied at the shortest notice; illustrated price list, measurement form, and patterns post free; corsets cleaned and repaired equal to new; trial solicited.—Madame Lee, Corsetière, Elm Grove, Southsea.

Dainty BLOUSES made, from 1s. 6d. Stylish costumes, dresses, frocks, &c.—97, Lavender Hill, S.W.

Edwd. M. Deighton, 16, Aldgate Avenue, E.C., SKIRT SPECIALIST. Ladies' own materials.

Smart DRESSMAKER RENOVATER.—Miss Clinch, 14, Barrow Hill Road, St. John's Wood.

Madame Binns, ARTIST, DESIGNER, and ART NEEDLEWORKER, Ivy Cottage, 79, Whitegate Drive, Blackpool.

Dainty COSTUMES and BLOUSES, renovations, day and evening gowns.—Madame Laine, 109, Adrian Terrace, Redcliffe Square.

DRESSMAKER daily; blouses, dresses, mantles, renovations.—Bates, 70, Grosvenor Road, South Belgravia, S.W.

JEWELLERY.

LADY'S GEM RING, real stones, gold hall marked; bargain, 12s. 6d.; send 4s. 6d., 8s. balance on receipt of ring.—Bristow, 293, Portobello Road, North Kensington.

For Sale, heavily silver-plated AFTER-NOON SERVICE, richly gilt, hall-marked silver SUGAR TONGS, and beautiful TRAY, 19s. 6d., unused.—Elise, 68, Great Russell Street.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

Mrs. A. Langford EXCHANGES POST CARDS.—Address, Hannan's Brewery, Kalgoolie, West Australia.

Wanted, used penny KING'S HEAD STAMPS, to get two children into hospital.—Miss Capel Davis, Sarnau, Henllan, Cardiganshire.

PHOTOGRAPHS beautifully coloured. Pendants, 6d. Cabinets, 1s. Send colour of hair and eyes. Cash with order.—Madam Binns, Ivy Cottage, 79, Whitegate Drive, Blackpool.

Miss Foy, 2, Sunnyhill Road, Streatham, S.W., exchanges 4d. JEWELLED ACTRESS CARDS, 11s. 2d. ones and 3d. coloured.

22 different PICTURE POSTCARDS, 1s., post free; money returned if not satisfactory. m3594

STAMPS.—50, all different, 6d., post free.—B., 29, Montague Road, Portsmouth.

BRITISH COLONIAL STAMPS, 270, all different, hinged in brown album, 10s.; bargain. m3592

Would EXCHANGE POST CARDS; actresses preferred.—Miss Bird, Stein's Arcade, Hannan St., Kalgoolie, West Australia.

MISCELLANEOUS.

Patients visited for MEDICAL and FACIAL MASSAGE. Highest medical references. Established 1895. Pupils trained.—19, Wellington Street W., Higher Broughton, Manchester.

ALMOND or WALNUT TOFFEE, homemade, 6d. lb.; postage. m3610

CARE OF CHILD or INVALID, or would adopt with good premium. Country. m3608

Beautifully made PAPER HATS to order, 3s. 6d., any shape and colour.

ELOINE LOTION.—Unsurpassed for purifying and beautifying the complexion, invaluable for sensitive skins. 1s. per bottle. post free. Masseuse, 47, Drayton Road, Leytonstone.

DOLLS' WOOLLEN BOOTS and SHOES, 1d., 2d.; tams, 1d., 4d.; postage extra.—E. Paxman (Miss), 1, Goldsmiths Row, Hackney Road.

CARE OF CHILD wanted; comfortable family.—11, Claremont Road, Wealdstone, Harrow.

COMPLEXION BALM is unrivalled for the skin; eradicates wrinkles, feeds the skin, and restores the roundness of youth. Marvellous results after four weeks' trial; will not make hair grow. In pots, post free, 1s. 1d. and 1s. 6d. Try also Lotion de Beauté, a certain cure for eczema and all blemishes of the skin, and also imparts a delicious tint to the complexion. In bottles, post free, 2s.—Address Madame Ena, 9, Terminus Road, Seaford, Sussex.

HOME FOR CHILD or adoption, with premium.—C., 16, Grosvenor Road, Broadstairs.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement each month, and she states under which column she wishes her name to appear. Please write distinctly.

DRESSMAKERS' COUPON.
JULY, 1906.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

L. O. Andrews, 31, Conewood Street, Highbury, N.
Miss Anton, 54, Beresford Street, Camberwell, S.E.
Miss E. Baker, 4, Strode Road, Forest Gate, Essex.
Miss Bates, 70, Grosvenor Road, South Belgravia, S.W.
Miss L. Bradbury, 68, Pellatt Grove, Wood Green.
Miss Clinton, 54, Beresford Street, Camberwell, S.E.
Miss Cooper, 5, Richmond Place, Lillie Bridge, S.W.
Ellen Cowell, 3, Portsea Place, Connaught Square, W.
Mrs. Davey, 51, Blatchington Road, Hove.
Miss Dodd, 7, Gorrington Park Parade, Tooting Junction.
Mrs. R. Dolling, 40, Shirland Road, Paddington, W.
Mrs. England, 440, Edgware Road, W.
Mrs. Goddard, 28, Turneville Road, West Kensington.
Madame Léonie, 48, Lancaster Road, North Kensington, W.
Miss M. May, 50, Algar Road, Isleworth, Middlesex.
Miss Pearl, 14, Bruce Road, South Norwood.
Miss Seward, 14, Quadrant Grove, Haverstock Hill, N.W.
Miss Smith, 3, Pakeman Street, Hornsey Road, Holloway, N.
Miss Somerville, 40, Lena Gardens, Shepherd's Bush Road, W.
Miss Symonds, 75, Tranmere Road, Earlsfield, S.W.
Miss R. Voysey, 8, Davis Road, Acton Vale, W.
Where Kiaora, 2, Alexandra Villas, Alexandra Park Road, Wood Green.

LADIES' OWN MATERIALS MADE UP—

Mrs. Brown, 2, West Marland Terrace, Southampton, Hants.
Miss Clasper, 14, Broughton Road, South Shields.
Miss T. Clinch, 14, Barrow Hill Road, St. John's Wood, N.W.
Miss J. J. Comerford, 220, Dalling Road, Shepherd's Bush.
Miss Gook, 21, Hollywood Road, Fulham Road, South Kensington.
Mrs. Hemmings, 80, Leithwaite Road, Clapham Junction, S.W.
Mrs. L. Hughes, 46, Offley Road, Brixton.
Mdlle. Jeanne, 77, Claverton Street, London, S.W.
Madeleine, 30, Robert Street, Hampstead Road, N.W.
Ethel Eugenie, 12, Blomfield Road, Shepherd's Bush, W.
Mrs. Hatsell, 15, Fitzroy Road, Primrose Hill, N.W.
Mme. Hte. Laine, 109, Adrian Terrace, Redcliffe Square, S. Kensington.
Miss Maud Lee, 89, Warwick Street, South Belgravia.
Madame Léonie, 48, Lancaster Road, North Kensington, W.
Madam Lili, 52, Stamford Hill.
Laura Norman, 2, Pownall Road, Fulham, S.W.
Misses Ramage, 97, Lavender Hill, S.W.
Miss Ratcliffe, 20, St. Luke's Road, Bayswater, W.
Miss Renée, 3, Cowley Road, Leytonstone, N.E.
Madame Roebuck, 98a, Holland Park Avenue, Holland Park, W.
Miss E. Scott, Kelvedon, 39, High Street, Highgate.
Miss Amy Sutch, 4, New Quebec Street, Portman Square.
Miss Tidey, 66, Englefield Road, Southgate Road, London, N.
Miss R. Voysey, 8, Davis Road, Acton Vale, London, W.
Mrs. A. A. Wheeler, 13, St. John's Road, Stamford Hill, N.
Mrs. E. C. Wicks, 139, Lupus Street, S.W.
C. Wild, 6, Frederick Crescent, North Brixton.
E. M. Woolner, 46, Elthorne Avenue, Hanwell, W.
F. E. Young, 48, Earlsfield Road, Wandsworth Common, S.W.
Miss Young (from Russell & Allen), The Laurels, Bletchingley, Redhill.

LADIES' AND CHILDREN'S MILLINERY—

Miss M. Craven, 175, Grove Lane, Handsworth, Birmingham.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
The Misses Hallows, 1, Hereford Square, South Kensington, S.W.
Mrs. Henderson, 64, Stanhope Road, South Shields.
Madame Ilene, Abbott's Court, Kensington Square, W.
Mrs. King, 14, Sussex Street, South Belgravia, S.W.
Miss Moorhouse, 70, Birch Lane, Longsight, Manchester.
Mrs. Wells, 36, Gore Road, South Hackney, London, N.E.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square.

LADIES' SHIRTS—

Miss Beatal, 41, High Street, Rushden, Northamptonshire.
Miss Lowson, 1, Buckingham Terrace, Maryfield, Dundee.
Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Miss E. Manser, 26, Dudley Road, Eastbourne.
Madame Mary Norman, 2, Norfolk House, Lulgrave Road, Hammersmith.

PILLOW LACE MAKER—

Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Mrs. Sidney J. Hurwitz, 29, Archibald Road, Tufnell Park, N.

FURS RENOVATED—

Mrs. Lindfield, 17, Powis Road, Brighton.

All Coupons must be received by the 1st of each month preceding date of issue.

EMPLOYMENTS.

HOW TO CHOOSE A CAREER.

THERE are in this world a few fortunate individuals who know what they want, and who never rest till they get it. They have a goal in sight, and with their eyes fixed on it they never turn aside to gather the flowers or the weeds which life bestrewn so plentifully in the pathway of each one of us. These people may not actually enjoy life so much; they may miss many of the smaller delights of existence, but a settled purpose is like the trusty rudder of a ship, it guides you through storm and tempest, disappointment and difficulty to the haven where you would be.

Others—and these people are usually much liked—have the power of seeing the pros and cons of everything, the two sides of a question, the benefits of and objections to a profession, the good and evil of a character. It is the sign of a wide mind and a sympathetic nature, but it is a nature that is always prone to take advice.

Now, if you have marked tastes and abilities, if you have distinct individuality, your career is practically chosen for you. You know you *must* be some one thing or another or all your talents will be wasted. But supposing that you have no very clearly-marked tastes, and that you are merely an average girl, with fair health, industrious, willing, and blest with that rarest of all senses—common sense—then it is another matter. The greatest care must be exercised, for your decision now may make or mar your life. Despite all we hear about disrespect to elders and betters, young people are very prone to listen to the advice and experiences of older relatives and friends. It is not always a safe policy. Whatever may be their profession or business, they know its difficulties and disadvantages only too well. Have they not been passed in the race by inferiors and juniors; have they not seen their cherished hopes and ideas ruthlessly destroyed? And even if they have been successful, is that any reason why they should make competition any keener, for after all it is a selfish world?

Do not, then, listen too closely to the drawbacks to any particular walk in life as expounded by one who has tried them. Whatever you choose you know that there will be difficulties and disappointments to encounter, and it is only human nature to think that had you done this, or that, or the other, it would have been better; it is an uphill struggle anyhow, and even had you followed your first intention or your second thoughts, as the case may be, you would probably have done no better, and perhaps not so well.

Whatever you choose, determine to put your whole heart into it, and work hard at your profession. Do not take it up to fill in the time between schooldays and marriage—which may never be your lot—nor because you find life slow at home, nor because you would like to make pocket-money. But if it is necessary or desirable

that you should work, and if you are an average girl with average abilities, be careful before choosing a career.

You must consider whether it will be a case of early superannuation or not; whether competition is exceptionally keen, or the reverse; whether you can reckon with certainty on employment; whether the pay is high or low, certain or uncertain. All these things must influence your decision. Now, while youth and enthusiasm, and health, and the delight in living make your blood course swiftly through your veins, and when "hope and faith are high," nothing seems impossible; but there will

much for you, and will at any rate impair your powers.

Try not to select some overcrowded career, but fix your choice on something that offers reasonable possibilities for the future.

How many girls there are, who, having spent a pleasant time at school, think they will enjoy life at college equally well, and that to be a high school mistress is the zenith of human—working—enjoyment. They do not reflect that it is an overstocked profession, with only moderate remuneration, keen competition, and early superannuation. Do nothing in a hurry; but having considered the matter from all points, and having come to a decision, resolve to do your very best, knowing that in front of you will be the difficulties and disappointments common to the human lot; but having joined the great army of women workers, if you never rise to the high post of commander, be at least a hard-working and reliable private, without which no army ever yet was composed, and without which it would be useless

(For Employment Bureau, see Page 18.)



No. 6217. BLOUSE FOR A CORSELET SKIRT.

For description see Page 27.

Price of Paper Pattern, 6d. post free, of MADAME MYRA, 10 and 11, Fetter Lane, E.C.

come a day—it need not be a sad one—when the exuberance of life is past, and when your sun is setting in, I hope, a clear sky. You must prepare for that day, and weigh and balance the pros and cons of work. If you have settled on some career, such as the civil service, where a pension is given, or some really well-paid work, such as elementary school teaching, which has enabled you to save, you will view its approach with equanimity; but if you are dependent on what you earn, and on your health and strength and brains, and you know that only while you can work can you live; the stress and strain may easily be too

ANSWERS TO CORRESPONDENTS.

NAMES OF DRESSMAKERS WANTED (Mrs. E.).—I sent you the names and addresses of several dressmakers in your neighbourhood. Kindly let me know your opinion of whomever you employ, as, if satisfactory, it is only a fair recompense to the worker, and, in any case, it is better.

FINE LAUNDRY WORK WANTED (E. P.).—I remember you very well as an old subscriber, and I am indeed sorry to hear that you are reduced to penury. Surely you used to do renovations, blouse making, &c. Could you not get employment from some of the families in your neighbourhood, which is a good residential one? Go to your clergyman, tell him your needs, and see if he cannot get someone to give you the work you want. You must make it known what you do. Your suggestion about the child I do not care for, and in any case it is unsuitable for this column. I am putting a notice in for you, but I hope you will do as I suggest.

UNDERLINEN MADE (L. M.).—Certainly I will recommend what I can for you. I hope circumstances are better for you, and you have my deep sympathy in your troubles. Your number is 386. It is better to repeat it regularly than to be constantly inserting new ones, though I quite agree with you that bathing dresses might take at this season of the year.

DRESSMAKING ASSISTANTS WANTED (Mdlle. J.).—I am sorry neither of my correspondents was suitable, but I am glad to hear that you succeeded in getting someone. I thank you for letting me know.

DRESSMAKER AT FINSBURY PARK (E. G.).—Certainly I will recommend you; but I think you are already on my Register. I notice you do renovations.

POST WANTED BY DRESSMAKER (H. H. H.).—I have put you on my Register, and possibly Nos. 426 and 407 would suit you. Would you care to communicate with my correspondents? I am glad to hear that you "never use any other paper but ours," and you may be sure I am pleased to do you any kindness in my power. I hope your notice may be successful.

LINGERIE MADE (U. A. G.).—I am repeating your notice, and I cannot understand your not hearing from anyone, as I had given your name and address to two or three correspondents, but I fancy sometimes people file names and addresses for future use. I know I do. I hope, however, you may soon hear from someone.

LETTER TO FORWARD (S. S.).—I forwarded your letter to 426. I should be glad to know if anything resulted.

(For some further Answers see page 42.)

"Being a dressmaker, I find your journal most useful to me, and feel I do not like to be without it."—F. M.



Health and Beauty.



All letters to be addressed to Mistress Anne Page
"Myra's Journal" Office, 10 and 11, Fetter Lane,
E.C.

SOUTHERNWOOD.—There can be no doubt about it that the use of Dr. Horn's Massage Roller, in accordance with his directions, will keep the skin of the face healthy, its complexion fair and fresh, its tissues firm, and its contour youthful, wrinkles, hollows, and double-chin being equally prevented. The Roller (No. 3, for Face and Neck Massage) can only be obtained from the inventor, O. E. Horn, D.Sc., 43, Parkwood Road, Bournemouth, and costs 7s. 6d. post free. But if you say you are a reader of MYRA'S JOURNAL you will get, included with the apparatus (which is quite distinct from any other Massage Roller), a physician's prescription for a perfect Massage-cream, and an equally perfect Skin Tonic, with full directions as to "How to Massage the Face." Of course you will ask to have these included free of extra charge.

BAR.—The following treatment will help you to get your throat stronger and your neck more beautiful: (a) Every morning, before your bath, practice in front of a looking-glass the "Special Exercises for the Neck," described and fully illustrated in the book called "Beauty of Figure," by Deborah Primrose (price 2s. 6d. at any booksellers, and published by Wm. Heinemann, 21, Bedford St., W. C.) for ten minutes. Then take a tepid all-over bath, and while in it massage your throat with well-soaped hands. Wright's Coal Tar Soap (4d.), which is a disinfectant as well as a cleanser, will be the best soap for you to use. After your bath dry well, and then gargle freely with the following:—Steep 30 sage-leaves in a pint of boiling water for three-quarters of an hour. Strain, and to the "sage-tea" add 3 tablespoonfuls of good malt vinegar and two of "run-honey." Beat up until the mixture is well-blended, and use when cold. (b) Every night steam your mouth, using for the purpose a "Sanitas Disinfecting Fumigator" (a good bronchitis kettle, really), first three-parts filling the cup with boiling water and adding to this a teaspoonful of Sanitas Soluble Oil, and then lighting the little lamp under the fumigator. The fumigator costs 2s. 6d. complete, and the oil 1s. a bottle, and can be obtained from the Sanitas Company, Limited, Letchford's Buildings, Bethnal Green, E. (c) Pay particular attention to your general health. Avoid constipation, eat simple food, but at the same time that which is most nourishing and that will digest easily. For example, the best breakfast in your case will be "Plasmon Creamy Oats" porridge served with Glebe Golden Syrup and a little cream, a soft boiled egg, and a cup of Plasmon Cocoa. New milk is good for you, and you should drink a glass of it with your luncheon and dinner, and you should have a breakfastcupful of it warm, with a teaspoonful of Bovril in it an hour before you fumigate your throat the last thing at night.

B. H.—(1) To reduce yourself all over in proper proportion you would have to take an internal remedy for the obesity, and a perfectly safe one is "Dr. Ritter's Specific for Reducing Corpulency," which is sent for 2s. 6d. a packet by O. E. Horn, D.Sc., 43, Parkwood Road, Bournemouth. You should tell him you are a reader of MYRA'S JOURNAL, and ask his advice on matters of diet in connection with this cure. (2) If you only want to reduce below the waist, you will find the "Zobeide Reducing Paste" sold for 5s. 6d. by Mrs. Maine, c/o Miss Johnson, 41, Conduit Street, London, W., very efficacious if you rub it in to the over-stout parts aight and morning. (3) If you have a "Fringe" or

a "Toupée" made for you by a firm of really first-class hair-workers it will be so perfectly done that no one will guess you are wearing aiding hair, and it will be so scientifically and hygienically constructed that your own growing hair will not be in the least hurt by it, and will, in fact, be all the better for having a chance to rest from curling and waving tongs while you wear this aid.

LADY OF THE MANOR.—I have found by experience that the safest and surest cure for moles like yours is the "Mole and Wart Caustic" which is sent post free for 1s. 2d. a bottle by Mr. Mason, 25, Bank Plain, Norwich. Of this put the tiniest drop, with a new quill pen, on each mole, letting it dry into the skin. Repeat this daily, and very soon the moles will be gone, painlessly, and without marking the skin. There is a home-made lotion, too, for the same purpose, but it takes some time in the making. As I am not quite sure from your letter whether this is the one you wish to use, I give you the recipe:—Take of the dried tops of rosemary, dried leaves of sage, and last year's lavender flowers of each 4oz, cloves ½oz, camphor 3 drachms, and the best distilled malt vinegar 6 pints. Method:—Into a jar which you can closely cover put the vinegar, then the other ingredients, stir up until well mixed with a new wooden skewer. Cover the jar, then stand it in a saucepan of water on the stove, where the water can keep simmering for fourteen days. The saucepan must be filled up with water as required, but the cover must not be lifted from the jar until the end of the fortnight, when the liquid must be strained off, and carefully filtered through chemist's filter-paper, and closely bottled for future use. A minute drop to be applied to each mole daily.

M. H.—Your diet does not seem to be at all of a fattening nature; indeed, I do not think you get enough nourishment, and I would advise you to take Plasmon Creamy Oats porridge always for your breakfast, as this is full of nutriment, but it is not fattening, and to add a pinch of "Plasmon Powder" (9d. a packet at any chemists) to some of your other foods during the day, so that you get, in all, a teaspoonful during the day. It is quite tasteless. (2) If you cannot afford the somewhat expensive remedy you have already been advised to give yourself—although it is really an excellent one for the cure of stoutness, which increases so in middle age—take a course of "Dr. Ritter's Specific for the Cure of Obesity." You can get a box of the tablets for 2s. 6d. post free from O. E. Horn, D.Sc., 43, Parkwood Road, Bournemouth, and this specific is also guaranteed harmless yet good. (3) I am inclined to think that your stoutness may be partly due to the fact that your exercise is taken indoors. No matter how much you walk about in the house, it never has the same beneficial effect as a regular walk every day in the open air. If you will only walk one mile out and one mile back, holding yourself well, so that you can breathe deeply and get a good supply of oxygen, it will do you the greatest good, and by and by you can gradually increase the distance a little each day as you find your breathing powers getting stronger, and your walking powers in consequence better.

MARTA.—As your hair is falling so badly you should take a full course of "Capsuloids" (2s. 3d. with MYRA'S JOURNAL coupon, from the Capsuloid Co. Ltd., 47 Holborn Viaduct, London, E.C.), two of these with each of the three principal meals of the day being the right dose for you. Take a good long walk every day, and avoid foods that are rich, starchy, or sugary.

MINERVA.—To get your hands into a nice smooth white condition again, wash them always in warm water, and before you dry them work well into them a few drops of "Beetham's Lait Larola," which you can get for 1s. a bottle at any chemist's. If you wipe your face over with the corner of a soft towel on which you have sprinkled some of this cooling "milk" when you come in from a hot dusty, walk, instead of washing in the ordinary way, your complexion will be improved also.

FASHIONABLE FAY.—You can get a set of "Empire Curls" for 4s. 6d. to exactly match your own hair from the Universal Hair Manufacturing Co., 84, Foxberry Road, Brockley, London, S.E. These you will find you can arrange quite easily at any part of your hair-dressing where the tilt of the hat seems most to call for this *chic* aid. Very few ladies cut their own hair to make these curls, I assure you, so you will not be at all singular in wearing those made by the above ornamental-hair workers, who give such good value for money spent in their establishment.

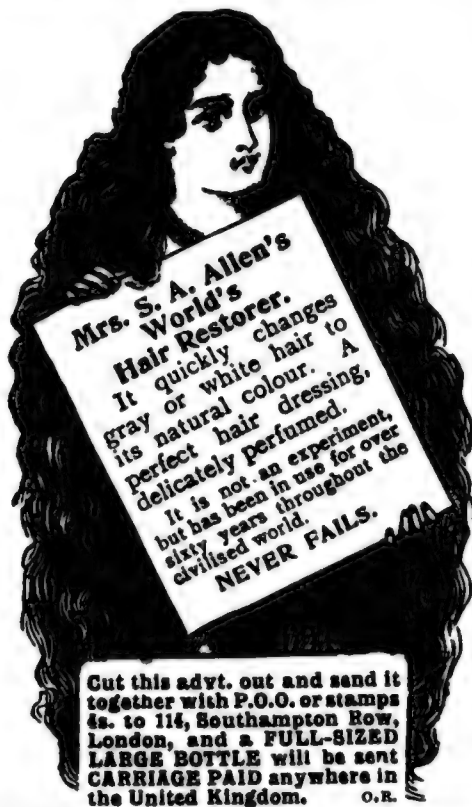
E. M. J.—As your gums are so very tender you should always clean your teeth with "Dr. Allen's Hygeia Tooth Brush" (2s. post free from Highwater Laboratory Co., 1-84, Exchange Buildings, Southwark, London), and then you will find that your gums will not bleed as they do when you use the ordinary brush. The enamel of the teeth will not be scratched, and it is one of those brushes that will outlast any other, indeed, I have heard it said that it will outlast any four others. But you will find it a great boon in every way.

WYCHE.—You can restore that beautiful golden brown tint to your faded hair by using "No. 4 Imperial Hair Dye," which you can obtain for 2s. 6d. in a plain wrapper, but with full directions, from J. Brodie and Co., 41, Museum Street, London, W.C. Before applying this you must well wash your head and hair, putting a little soda into the water, so as to get out any greasiness that may be in it.

ELLALINE.—The water of your district is to blame for the dulness of your skin. If you will soften every bowl of water that you use for your face and hands with a tablet of "Pasta Mack" (sold in shilling boxes by all chemists) your complexion will soon become bright and clear again, especially if you are careful of the soap you use. "Woolley's Boval Cream Soap" sold for 6d. a tablet by all chemists, is highly recommended.

A SUFFERER.—From your description of the irritating state of your skin I think you must be suffering from eczema. Take a course of "Clark's Blood Mixture;" be most careful to avoid highly-seasoned food, all salted meats, and all kinds of shellfish; do not wash the affected skin with soap and water oftener than you are absolutely obliged to, but keep it clean with "Cream of Cydonia," which Mr. Mason, 25, Bank Plain, Norwich, prepares for this purpose, and sells for 2s. 9d. a jar. At night, dress that skin with the above Mr. Mason's "Cream of Sulphur" (2s. 9d.) and it will soon get better.

MINA.—As your hair is always so moist that it will not keep in wave I am afraid your nervous system is lacking in tone, and if you will tell me more about yourself, and enclose six stamps with a stamped envelope containing your full address, I will send you a postal reply, with advice, so as to save delay. Meantime shampoo your hair in softened water with some of the "Pure Hair Soap, No. 2, for Moist Hair," which is supplied for 2s. 6d. by the Pure Hair Soap Co., Farringdon Yard, Farringdon Street, London, E. C., and you will find it much more amenable to waving treatment afterwards.



**Mrs. S. A. Allen's
World's
Hair Restorer.**
It quickly changes
gray or white hair to
its natural colour. A
perfect hair dressing,
delicately perfumed.
It is not an experiment,
but has been in use for over
sixty years throughout the
civilised world.
NEVER FAILS.

Cut this advt. out and send it
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4s. to 114, Southampton Row,
London, and a FULL-SIZED
LARGE BOTTLE will be sent
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DOUBLE
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2D. EVERY LADY **2D.**
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HAVE A COPY.

2/- INSURES YOUR COMPLEXION

DR. HARLAN'S BEAUTY-CUP MASSAGE

For the Face, Neck,
Arms and Body.

"No woman who owns one
of these wonderful little
Cups need have any fear of
wrinkles or blackheads."

The simplicity of this
scientific system of self-
applied massage, and the
speed with which it clears
the complexion, are almost
beyond belief. A single
soothing application of the
little Beauty-Cup produces remarkable results. Blackheads
in many cases are banished in sixty seconds. It pumps im-
purities out of the blood by atmospheric pressure, rounds out
the cheeks, arms and neck, and plumps the waste places in the
body with wonderful rapidity. Acts directly on the circulation
and feeds fresh pure blood to the tissues, making the flesh
firm and fair, and the skin soft and satiny. Dr. Harlan's
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Book—on any address for 2/1 P.O. (abroad 2/6 M.O.)
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each individual case, and successfully treat all forms of

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Cure Bald Patches, Restore Grey Hair
by Natural Means, and can tell you how best to remove and
weaken the growth of SUPERFLUOUS HAIR.
Consultations personally or by letter. (All my prescriptions
are made up at your own Chemist's.) Please send for terms
and particulars, or call. Stamp for reply.

Only Address—O. E. HORN, D.Sc.,
Parkwood Road, Bournemouth.
(Specialist from the Berlin Skin Hospital.)

"Dr. Horn may well be considered the most eminent Hair
Specialist of the day."—Ed. of St. Paul's.

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The Editor of Pearson's Weekly says:—"This gentleman is
one of those public benefactors—few in number—who have
made a deep study of the human head ornament, and what he
can accomplish in that direction is not to be set forth in one
paragraph."

CRYSTAL GAZING.

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REDUCED TO HALF PRICE.

5/- Crystals for 2/6	15/- Crystals for 7/6
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YOU cannot have a good, clear complexion
if your blood is impure. Blisters,
Spots, Pimples, Blackheads, and Sores
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CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin
and Blood Diseases, such as Eczema,
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&c. Thousands of unsolicited testimonials have
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As it is pleasant to the taste, and warranted
free from anything injurious to the most
delicate constitution of either sex, from
infancy to old age, the Proprietors solicit
sufferers to give it a trial to test its value.
Clarke's Blood Mixture is sold by all Chemists
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Reliable horoscope of character, marriage, and business.
Send Birth-date, 1s. P.O. and stamped envelope to MRS.
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TAILS of Pure Hair,
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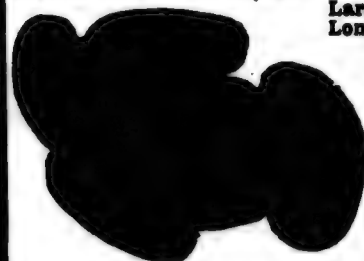
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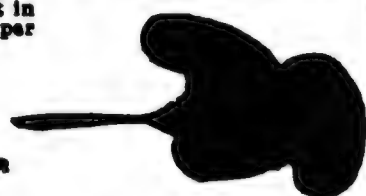
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MATERIALS AND SKIRTS FOR THE HOLIDAY OUTFIT AT MESSRS. NICHOLSON'S.

It would be impossible to beat the capital skirts of crash and holland, which are to be had at Messrs. Nicholson's, St. Paul's Churchyard, E.C., from 4s. 11d. each. All girls and women should take at least two of these with them to the sea-side. Excellent umbrella skirts of smart cut in good serge (black, cream or navy) are only 10s. 4d. Dainty tussore silk skirts are from 15s. 11d., charmingly made. These are all the skirts required for the sea-side outfit, to accompany a series of nice blouses. As to these last, ladies should see the blouse lengths of lovely mercerised lawn from 2s. 11d. each. It would be wise to send for the illustrated catalogue, which is filled with enticing skirts, blouses, coats, and shirts, at marvellously low prices. Capital white drill skirts can be had for 12s. 4d., richly embroidered. One of these, with a blouse of white mercerised embroidered lawn (blouse length, 3s. 11d.), would make a beautiful pier costume. Cotton coats-and-skirts are from 15s. 11d. Graceful sun-ray skirts, in black or coloured voile, commence at 8s. 11d. After doing duty during the summer for outdoor wear, with one of Messrs. Nicholson's rich silk blouses, a good theatre gown for the late autumn wear, is evolved with one of these skirts.

A SUMMER COMBINATION FOR 2s.

No one should be without at least two of the combinations which Messrs. F. Gadsden and Co., Department M., Crouch End, London, are offering at 2s. The value of these garments cannot be realised by a mere description; they ought to be seen. Of excellent shape, woven of a highly mercerised cotton, these combinations look exactly like similar garments of spun silk. They have the same lace openwork tops, and are finished with a row of cotton lace insertion and edging, threaded with a mercerised lacing, tied in dainty little bows. For summer and evening wear nothing could be lighter, daintier. Whoever writes for a sample pair must add 2d. (2s. 2d. in all) for postage. Three com-

binations can be had, post free, for 6s. 1d. (5s. 9d. without postage).

SUMMER AND SEASIDE MATERIALS AT MESSRS. SAMUEL LEWIS'S.

Wonderfully pretty mousselines-de-laine, all-wool, 31 inches wide, are to be had at Messrs. Samuel Lewis's (the Holborn Silk Market, Holborn Bars, E.C.) from 1s. 0½d. the yard. The colourings and designs are charming. The all-wool crêpelines, equally pretty for dresses or blouses, are reduced to 1s. 2½d. The figured silk-and-wool crêpelines (from 1s. 11½d., sale price), the silk-and-wool voiles, are all most dainty, in lovely colourings. At the Holborn Silk Market is also to be seen a varied collection of mercerised washing materials and a fine series of the fashionable chequered cottons. The smart gown on page 3 is made up of one of these chequered cottons—a check zephyr, 27 inches wide, only 5½d. the yard. Patterns should be sent for at once, because the more enticing fabrics are quickly selling out.

By the by, whoever wants elegant dust and motor coats for motoring, travelling, &c., should see those at Messrs. Samuel Lewis's. Well-made, well-cut, in great variety, they are priced so very moderately that any girl or woman who requires such a garment ought to be able to get one. Those in pale alpaca or serge are very smart.

B.B. MOHAIRS AND SUMMER FABRICS.

There is a great run on alpacas and mohairs of every description, and for them—in all varieties, the fine or the coarse-grained Sicilienne alpacas—we cannot do better than send off at once for patterns to Best's Dress Goods Co., Bradford. To those who mention MYRA'S JOURNAL the carriage of patterns will be paid both ways. Those who want pretty alpacas for summer or seaside coats cannot do better than use the B.B. mohairs, in all colours, black, or cream, which do not cockle and shrink like only too many mohairs are apt to do. Best's Dress Goods Co. have a lovely selection of printed muslins, crashes, linens, and the prettiest chequered and other zephyrs. The B.B. serges are renowned for beauty and wearing qualities, in navy, black, or cream. They are perfect for seaside, cycling, and travelling gowns.

THE "SILK BOOK."

Who is not interested in that lovely fabric, Japanese silk? The interesting "Silk Book" tells us much of what there is to know about Jap Silk, and gives valuable hints on the subject which concern alike professional and amateur dressmakers. The book is sent, post free, on application to T. Rickard and Co., Department 22, 20, Cheapside, London, E. C., who will also send patterns of their lovely "Jap-a-Ric" silks, genuine, graceful, and good wearing Jap silks, which should be stamped every yard with the word "Jap-a-Ric" on the selvedge. "Jap-a-Ric" silk can be bought at all good drapers, but care should be taken that the genuine silk is obtained. If there is any difficulty ladies should write to Messrs. T. Rickard and Co., giving the name and address of their draper.

WORTH KNOWING.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used HOGWOOD'S NUTRITIVE AND SEDATIVE HAIR CREAM with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Fritu Street, London, W.

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Let me tell you FREE what the future has in store for you, whether the coming years hold out riches that you could grasp if you but knew it, whether marriage and a happy home may be your blessing, and whether Fame will knock at your door. The stars will tell it all.

Let me show you how to take advantage of the good fortune that is ready to help you if you knew when and how to act; let me point out the pitfalls and swamps of failure that are in your path, and tell you clearly how to avoid them.

I am an Astrologer, and for many years I have forecasted the future of thousands of delighted patrons all over the world. I claim to be able to draw for you a picture or Horoscope of your life, past present and future, that will startle and mystify you by its exactness. To prove to you the absolute accuracy of my Horoscopes, and to show you

how thoroughly practical and helpful they are, I will send you, absolutely free on receipt of a penny stamp to pay postage, a trial Horoscope or Astrological reading. Simply send date of birth, sex, whether married or single, and you will be surprised at the truths I will tell you. I make this free offer to awaken interest in my work in Great Britain, and to spread broadcast the truths of Astrology as I have mastered them. You will be so convinced by what I tell you of the past, by my wonderful powers to read the future like an open book, that you will write to me in all times of trouble and worry, and when you want advice about speculation, business, marriage, travel, and the future.

Read the testimonials printed below, which are published with full permission, and are only a few of the thousands and thousands I am constantly receiving.



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"Had you not understood your science thoroughly you could not have told my life so correctly. I advise everybody to have you read their lives."

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V. A. VOLESKY.



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"The Life Reading prepared three years ago was correct. You said I was to have some little amount of money left me unexpectedly by a distant relative, an elderly lady. This has come true, and from a source I had no idea of at the time. What you foretold regarding marriage is also true."

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I will send the free Horoscope immediately without any charge, and I will reveal the future certainly and without failure. I will tell you the history of your life from the cradle to the grave, what you can expect as your share of happiness, what failures may overtake you unless, having my predictions, you are in a position to avoid them. I will tell you things about yourself that you believe no one else knows but yourself.

Therefore write at once. Simply send your full name and address, the day, month, and year of your birth, your sex, whether married or single, and enclose a penny stamp for return postage, and the Horoscope or star reading will be immediately sent you in sealed envelope free of charge.

Address Professor Edison, 66, Twenty Third Street, Binghampton, N.Y., U.S.A.

Please stamp the letter you send me with a 2d. stamp.

Ladies, Please Note
that

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Perfectly Pure and Sterile.

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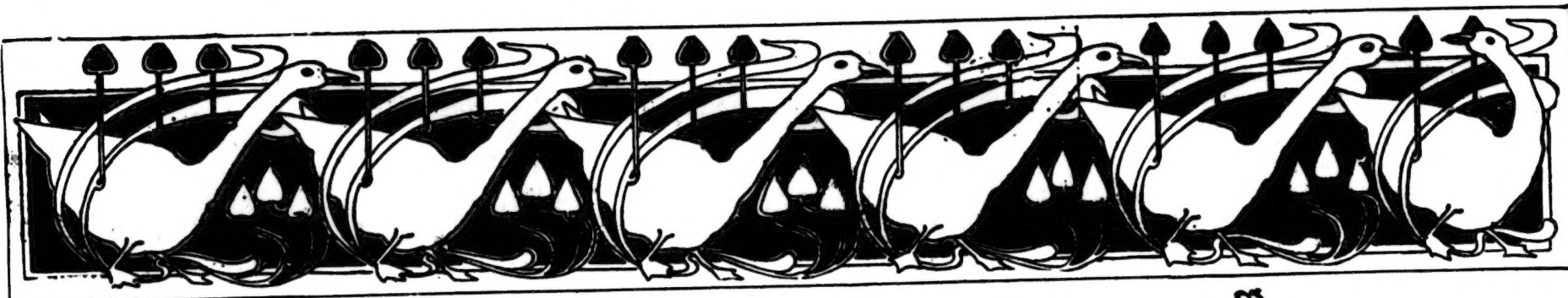
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	Large Packets, Equal to 3 qts. of Milk.	Small Packets, Equal to 3 Pints of Milk.
Dried Full Cream Milk (Contains all its original Cream). 10lb. Tins (equivalent to 32 quarts of Liquid Milk) - - - - - 10/6 each. Costing about 4d. a quart.	1/4	9d.
Dried Half Cream Milk (Contains half its original Cream). 10lb. Tins (equivalent to 36 quarts of Liquid Milk) - - - - - 8/6 each. Costing under 3d. a quart.	1/1	7½d.
Best for Infant Feeding. Dried Separated Milk (Contains about 1 per cent of its original Butter fat). 10lb. Tins (equivalent to 40 quarts of Liquid Milk) - - - - - 4/6 each. Costing under 1½d. a quart.	6d.	4½d.
	1lb. Packets, Equal to 4 qts. of Milk.	½lb. Packets, Equal to 2 qts. of Milk.

If you have any difficulty in procuring our Dried Milk in your district, we will send it per PARCEL POST at the following extra charge, viz:—

1 Large Packet, 2d. extra. 1 Small Packet, 1½d. extra.
And Ten-Pound Tins Carriage Paid Passenger Train.



Correspondence.

RULES.

1. To be answered in the next number, letters must reach us not later than the 25th of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.
4. Queries to be answered by post must be limited to three.
5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered on this page.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

MINA.—I am very sorry that you did not send your name and address as the case was urgent and I answer most of my dress correspondents by post. Your letter arrived just to late for the answer to appear in the June Number. (1) Yes, embroidered muslin is quite suitable for a July bride who is to be married in her hat. I do not like the black hat, however, no matter how handsome it is. I think you had better go to the expense of getting a new white one. Something gossamer would be best, like folded chiffon, but of course you would find a white chip more useful. (2) You could get a hat such as you suggest at your price at Messrs. Nicholson's, St. Paul's Churchyard, E.C. Flowers or feathers or both. (3) You ought to have at least one smart washing petticoat (nainsook and lace), and you must have one gored silk one. I think you would find a very pale mauve the most useful. Black is of course very useful, but I do not think you would be wise to get your only silk underskirt in black, as that is only suitable under black dresses. See the smart underskirts at the Holborn Silk Market, Holborn Bars, E.C.

RANGER.—(1) For the fine serge send to Best's Dress Goods Co., Bradford. On a blue of that shade you could have black or white silk braid. (2) You could get the semblance of a corselet skirt by making a corselet belt of the remnant, and gathering your skirt into it. The effect would be entirely good. (3) See the gathered corselet skirt on page 27. You would find this easier to make than a gathered complete princess gown, but if you prefer the last, copy your choice. The gatherings only suit very slender people with small waists, as the gathered up material of course tends to increase bulk. (4) You will find a French sea-side hat with the new veil on page 16. However, I do not advise you to use for the purpose your real lace veil. It will very likely get torn.

Owing to pressure of space and urgency, all queries (having a name and address) have been answered by post.

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

For some answers on this subject, see page 37.

LETTER TO FORWARD (Mrs. H. P., Bath).—Your letter was not intended for my department. All such communications should be sent to the editor. My department is Employments only.

VISITING DRESSMAKER WANTED (Mrs. H. B. T., Bagshot).—As you enclosed neither six penny stamps nor a stamped envelope, I was unable to give you the information you required. Kindly read our rules. I have several very suitable dressmakers on my Register, I may say.

DRESSMAKER AND MILLINER (Mrs. D.).—I am glad to hear that the correspondents whom I sent to you are so pleased with your work. I thank you for letting me know. It is always so much more satisfactory. You are already on my Register, No. 392. All you have to do is to cut out your notice and send it to me, when it is repeated. For re-insertion this is essential.

COOKERY AND HOUSEHOLD MANAGEMENT.

Letters to be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Mrs. Hope will, in case of urgency, answer letters by post if six stamps and a stamped addressed envelope is enclosed for a reply. Otherwise the reply will appear in these columns.

FISH CUSTARDS.—If you have ever so little fish left over make it into fish custards, and send it to table in *petit four* cases. The paper cases do very well if you have not any in china. They are quite permissible. Flake the fish, and half fill the cases. Add a little pepper and salt. Then fill up to about three quarters with an ordinary custard made from one egg, whipped and stirred into one gill of milk, and seasoned with pepper and salt. This quantity will do for quite six or eight cases. Bake for a quarter of an hour in a very moderate oven. There need be very little fish, in proportion to custard, if you have only a little. The flavour will be there, and these little custards make really only a convenient fish entrée at a very simple meal. You can make a similar custard, and, with more fish, serve it in a pie-dish; but the *petit four* cases are much more dainty.—Carita.

QUEEN CAKES.—To make twelve queen cakes and have them ready for tea is quite possible, even if cook does not start to make them till three o'clock. It is quite nonsense to pretend there is any difficulty. Give her this recipe, and insist, and you will find all go well. If not *let cook go*. Beat 2 eggs well, add them to their weight in creamed butter and sifted sugar, and finely sifted flour. Add a few currants, or chopped glacé cherries, or lemon peel, and flavour with almond, or rose, or lemon flavour. Half fill small patty tins, well buttered, and bake till a light brown. The same mixture may be coloured and flavoured in many ways according to taste. I am sure forty minutes, from start to finish, is quite sufficient time to spend over making them—and indeed is a liberal allowance. I will gladly give you more recipes for small cakes if you wish it.—Pata-cake.

MULBERRY VINEGAR.—I do indeed envy you your mulberry tree and its crop of luscious fruit, and gladly give you the recipe for making mulberry vinegar. Put the fruit, being sure it is all ripe and sound, into an unglazed earthenware pan, and pour over it enough good vinegar just to cover it. Let it soak, covered, for twenty-four hours. Then crush well with a clean wooden spoon, cover with a cloth, and stand twenty-four hours again. Then bruise again, mix well, and add more vinegar (a gallon is the allowance of vinegar for 6lbs of mulberries). Let it stand for a week, stirring well every day, and then strain off the liquid. Allow 1lb of cane loaf sugar for every pint of liquid, boil all well for five minutes, skimming carefully, and then bottle off, just as you do raspberry vinegar. You see how very simple it all is. No trouble, thank you.—"Under the Mulberry Tree."

TO CLEAN PAINT.—I am afraid the whitewash stains, if very hardened, will be a little difficult to remove; but try paraffin, rubbed over on a soft rag. I think this will remove them, and it will not harm the paint. Next time you have whitewashing done see that all splashes, &c., are removed at once while they are wet. There will be no difficulty at all. It was most careless work to leave these until they are, as you say, "As hard as stone"; and you

are quite right to complain to the decorator of such bad work. As, however, he is so far away, and you do not want to have workmen in the house again directly, try my remedy, and I hope to hear that you found it successful.—A Victim.

WASTE IN THE LAUNDRY.—I quite appreciate your difficulty, dear lady, and I am afraid you must take more personal trouble if you mean really to check this. Buy the soap in as large quantities as you can afford. Cut it into conveniently sized pieces, and keep it in a very dry cupboard to harden well before use. It will then go twice as far as when used, as at present, soft or new. Then for flannels, &c., have hard soap sliced down, and boiled to a jelly. Keep a jar of this and have it used for all woolly articles. This will greatly help to economy. Tie "blue" in a little flannel bag, and waste will again be checked, as one piece of blue thus used goes much further than blue crumbled, as you described, and dissolved in the water for rinsing. That is most wasteful. To economise starch have the water poured off cold-water starch after it has been allowed to "settle" (after starching is done). The sediment of starch will do perfectly well to mix with boiling water for "hot-water starch" next washing.

TO KEEP THE HEARTH TILES CLEAN.—No, do not wash them. Much water means damp underneath, with, after a hot fire, likelihood of splitting and cracking the tiles. Simply rub them over with a damp cloth wrung lightly out of soapy water. If they are unglazed and very dirty use a damp cloth dipped in bathbrick or sand, and scrub well. Then polish with a clean cloth dipped in milk. In any case use as little moisture as possible.—"Mrs. Jones."

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.

JULY, 1906.

DRESS AND HAIRDRESSING.

JULY, 1906.

HEALTH AND BEAUTY.

JULY, 1906.

ETIQUETTE.

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No. 7, ORIENTAL EMBROIDERIES.—This handbook has been prepared by an expert, and contains very beautiful and original designs in Egyptian, Algerian, Bulgarian, and Hungarian Embroidery. 59 Illustrations.

No. 8, STOCKING KNITTING (PART I.).—22 Illustrations. Is an exceedingly practical and instructive pamphlet showing how to knit the different styles of toe and heel, ladies' stockings, gentlemen's socks, and children's night socks.

No. 9, MACRAME LACE.—Contains 27 Illustrations of this most ancient of crafts. Many novel and pleasing designs are given, and the working is carefully described and clearly illustrated.

No. 10, COTTON CROCHET.—An excellent guide to the making of Lace D'Oyleys, Borders, Edgings, and Greek Insertion. 21 Illustrated Designs.

No. 12, CANYAS WORK.—Illustrated by 32 engravings. Contains many beautiful designs that can be applied to a variety of purposes.

No. 13, STOCKING KNITTING (PART II.).—Deals exhaustively with gentlemen's cycling stockings with ornamental tops, ladies' decorated stockings, clox, openwork fronts, &c. 12 Illustrations.

No. 14, SIMPLE EMBROIDERIES.—Contains 29 Illustrations of simple but effective embroideries worked on such ordinary and easily-obtained materials as cretonne, huckaback, glass cloth, &c.

No. 15, WOOL CROCHET WORK (PART II.).—14 Illustrations. Very pretty designs for working Shawls, Sofa Rugs, Ladies' Vests, Tam-o'-Shanters, Infants' Jackets and Shoes.

No. 16, FILET GUIPURE LACE.—Contains some very beautiful designs. The working is simply described, and the merest

novice could not fail to understand the very careful designs and sketches (27 in number) which accompany the letterpress.

No. 17, CROCHET LACE.—20 Illustrations of Link Pattern, Maltese, Diamond, Fan and Braid Lace. The descriptions are carefully written, and some very handsome designs are given.

No. 18, LACE BRAID WORK.—Illustrated by 32 engravings. Describes the working of Picotina, Honiton Lace, Pompadour, and other Embroideries suitable for Tea and Sideboard Cloths, Duchesse Table Covers, Sachets.

No. 19, WOOL KNITTING.—How to knit Babies' Boots, Gaiters, Socks, and Bonnets, Shawls, Underskirts, &c. 20 Illustrations.

No. 20, RIBBON and OTHER EMBROIDERIES.—Contains a variety of designs for Tea-cloths, Table Centres, Tea Cosies, Nightdress Cosies, Cushion Covers, &c. 27 Illustrations.

No. 21, SMOCKING (PART II.).—Illustrated by 29 engravings. Contains some very pretty, effective, and useful designs for all classes of material.

No. 22, DRESSMAKING (PART I.—THE BODICE).—Treats of the Choice of Materials, Self-Measurement: Cutting, Fitting, Pressing and Boning Bodices. Illustrated by nearly 80 diagrams.

No. 23, EMBROIDERY STITCHES.—This handbook tells the worker what materials will look best, and what stitches are most suitable. It contains 108 illustrations, which are so clear that the merest tyro cannot fail to understand them.

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No. 25, STOCKING KNITTING (PART III.).—Contains many pretty fancy Stockings and Socks for Ladies and Children; also Socks for our Soldiers, and for charitable purposes.

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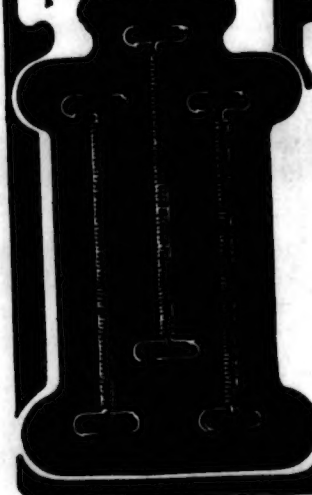
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